



# Tri-County Central Office News

A CONTENTED SOBRIETY THE TWELVE STEPS AND TWELVE TRADITIONS WAY OR A MALADJUSTED SOBRIETY BY THE HOP-SKIP-JUMP METHOD, WITH THE POSSIBLE FAILURE. THE CHOICE IS YOURS.

A Monthly Newsletter of the Tri-County Central Office, Inc.  
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**March, 2026**

## GUILT

### *Our misdeeds cannot be changed—our thinking can*

I write this because there must be others like me who have had difficulty ridding themselves of the ravages of guilt and, like me, have either misunderstood certain of the Steps or have tried to apply them too quickly and eagerly and have thus added to their feelings of guilt and worthlessness, rather than freeing themselves as the Steps intend. It seems basically important to remember always that we were not practicing alcoholics by choice—that, once in the grip of this disease, we did not drink because we wanted to or because we enjoyed it. Then it would seem to follow that we also had absolutely no wish to damage other people. Just the same, we did damage others, and herein lies much of our guilt. Many of these people finally reacted rather violently and even vengefully, and to our guilt was thus added the old lurking enemy of resentment. If we are now sober and wish to remain so, it seems to me we must somehow separate the present us from the insane us of the past, with all its destructive behavior. I need especially to remember that the Fourth Step, according to my personal interpretation, is an inventory of my present character and not a history of my misdeeds. In the Fifth Step, I have a feeling that “the exact nature” of my wrongs was the alcoholic thinking which produced them. In any case, the Steps certainly must be intended to cleanse us of this horrible past and lead us into loving ourselves properly, so that we may become capable of loving others. At one point, if I had loved my neighbor as myself, I would probably have gone over and burned his house down. After I became sober, my resentments remained. Naturally, most of these were directed at the very people to whom I was frantically trying to make amends. It is no wonder that the resulting ambivalence heaped more fuel on the fire. Now that I am at least willing to forgive *myself*, the fire begins to dwindle. It will eventually, I hope, be starved for lack of fuel. I can make a new beginning now, intent on undertaking all these soul-searching and cleansing Steps in our program as they were intended to be taken, and not from a position of crippling hate and guilt. **C.W.B., Tryon, N.C.** Reprint Permission: AA Grapevine March 1973

Central Office held their 51st. Annual Central Office Dinner & Speaker Meeting / Fund Raiser February 21st at the Palma Ceia Presbyterian Church. It was a total sell-out. Our guest speaker was Karen R who gave a very inspiring talk. Food was supplied by Riverview Fresh Market, serving our guest a very scrumptious Spanish meal of Rice & Beans, Pulled Pork, Chicken Breast with Peppers, Fried sweet Plantains, a wonderful Green Salad, Cuban Bread & Dominican Meat Empanadas. With the ticket sales, the 7th Tradition Basket, a 50/50 Raffle and a fantastic Cakewalk and after all expenses (\$1772.81) were paid off, Central Office was able to net approximately \$4003.69 for the Central Office. A great debt of Gratitude goes out to Scott, Erin, Darien, Terry and the rest of the crew who graciously and tirelessly worked to put this event together for the rest of us to enjoy.

**THANK YOU FOR YOUR SERVICE!!!  
WELL DONE!!!**

## WHO'S SITTING NEXT TO YOU?

I know who you are. You are “X” who attends the “ABC Meeting” at the “XYZ Club” where Aas meeting in Anywhere, U.S.A. I saw you there the other night at the eight o'clock meeting. I don't know how long you've been sober, but I do know you've been coming around for a while because you spoke to a lot of people who knew you. I wasn't one of them. You don't know who I am. I wandered into your meeting place alone the other night, a stranger in a strange town. I got a cup of coffee, paid for it, and sat down by myself. Oh, you saw me. You glanced my way, but you didn't recognize me, so you quickly averted your eyes and sought out a familiar face. I sat there through the meeting. It was okay—a slightly different format but basically the same kind of meeting as I attend at home. The topic was gratitude. You and your friends spoke about how much AA means to you. You talked about the camaraderie in your meeting place. You said how much the people there had helped you when you first came through the doors—how they extended the hand of friendship to make you feel welcome, and asked you to come back. And I wondered where they had gone, those nice people who made your entrance so easy and so comfortable. You talked about how the newcomer is the life's blood of AA. I agree, but didn't say so. In fact, I didn't share in your meeting. I signed my name in the book that was passed around, but the chairperson didn't refer to it. He only called on those people in the room whom he knew. So who am I? You don't know, because you didn't bother to find out. Although yours was a closed meeting, you didn't even ask if I belonged there. It might have been my first meeting. I could have been full of fear and distrust, knowing AA wouldn't work any better than anything else I'd tried, and would have left convinced that I was right. I might have been suicidal, grasping at one last straw, hoping someone would reach out and pull me from the pit of loathing and self-pity from which, by myself, I could find no escape. I might have been a student with a tape recorder in my pocket, assigned to write a paper on how AA works—someone who shouldn't have been permitted to sit there at all but could have been directed to an open meeting to learn what I needed to know. Or I could have been sent by the courts, wanting to know more, but afraid to ask. It happens that I was none of the above. I'm just an ordinary drunk with a few years of sober living in AA who was traveling and was in need of a meeting. My only problem that night was that I'd been alone with my own mind too long. I just needed to touch base with my AA family. I know from past experience that I could have walked into your meeting place smiling, stuck out my hand to the first person I saw and said, “Hi. My name is—. I'm an alcoholic from—.” If I had felt like doing that, I probably would have been warmly welcomed. You would have asked me if I knew “Old So-and-So” from my state, or you might have shared a part of your drunkalog that occurred in my part of the country. Why didn't I? HALT. I was hungry, lonely, and tired. (The only thing missing was angry, and three out of four isn't a good place for me to be.) So I sat silently through your meeting, and when it was over I watched enviously as all of you gathered in small groups, talking to one another the same

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**District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties**

**CONTACT---(877) AATAMPA or (877) 228-2672**

**TBAIC SECRETARY REPORT  
 February, 2026**

**Attendees:** Jessica M, John T, Vicki R, Gaby G, Tom F, Scott, Mindy W, Haley G

**Chair Report:** Jessica attended the Area 15 assembly in January and her biggest takeaways were: the corrections committee will hold workshops within Area 15 and not in Orlando in area 14 as it has in the past. Jessica advocated to ensure the workshops are held not only in the east coast of Florida, but the west coast as well. The National Corrections Conference is looking for volunteers. The next meeting for the NCC will be Tuesday, March 17 at 7:30 PM on Zoom. Motion to accept the Chair's report passed. **Treasurer Report:** Treasurer reports that the TBAIC January account balance is \$4,519.46. January contributions were \$903. January literature expenses were \$601.94. Motion to accept the Treasurer's report passed. **Secretary report:** Gaby read the minutes for the month of January, and it was accepted without any changes. **Treatment Centers:** John reports: Salvation Army (Men) are not open meetings, only alumni can attend. Salvation Army (Women) are not open meetings, only alumni can attend. VA has volunteers in progress for clearance. Tampa General Behavioral Health has one meeting a week and is going well. ACTS Detox is going well. ACTS Wraparound is going well; however, there is low attendance. Cove Community Housing meetings are discontinued for the time being. Gaby reports: Turning Point is going well. All positions filled. **Corrections:** Tom reports: Falkenburg Jail (Men) is going well. Scott reports: Zephyrhills Correctional is going well. Jessica reports. Pasco Jail is still suspended; however, Jessica will follow-up since this was supposed to be short-term. Bianca reports: Falkenburg is going well. No big changes. Literature is being brought in successfully. John reports: Rite of Passage (Boys) is discontinued. Meetings there will no longer be held. Rite of Passage (Girls) committee has been having trouble contacting them. We are moving on from trying to implement this as a service commitment. **Man on the Bed:**– Mindy reported that they received 4 calls and 4 were completed. 4/4. Mindy attended the TBAIC Unity Event and had 4 new volunteers sign up. **Bridging the Gap:** Individuals who receive the Bridging the Gap calls report that there were 2 calls and 2 bridges. 2/2. **Old Business:** Jessica discussed the TBAIC members decision to donate \$100 total for Unity Event. Jessica stated that the total cost of the event was \$107.93 and half of that was covered leaving a cost of \$53.96. Members: Suzanne, Mindy, Tom, and John, offered to split the cost and donate to Jessica for the cost of \$53.96. **New Business:** Jessica discussed voting on an annual TBAIC Unity Event and suggested implementing a budget from the committee's funds to support the event. The committee members agreed to have Jessica write a motion to present to March's business meeting. Grapevine – ordering a certain quantity Jessica will not be attending the Area 15 meeting in April, Mindy will attend in representation of TBAIC, Jessica discussed District 2 business meetings motion to vote on: Increasing District 2 trusted servants funding by \$50 to travel to Area due to rising costs. Committee voted in favor of. Request that Area increase its prudent reserve, as of now any money left over from the prudent reserve automatically goes to General Service Office, to increase the money kept within Area. Committee voted in favor of.

Meeting closed at 10:31 AM with the Responsibility Statement and the Lord's Prayer.

**Our Next Committee Meeting**  
**March 7th, 2026 9:30 am on ZOOM.** Contact us at [www.tbaic.org](http://www.tbaic.org) for more information. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

<b>www.tbaic.org</b>	
Position	Name
<b>Chair</b>	Jessica M.
<b>Chair (Alt.)</b>	Mike B.
<b>Treasurer</b>	Vicki R.
<b>Treasurer (Alt)</b>	Joe R.
<b>Secretary</b>	Gaby G.
<b>Hillsborough County Jail</b>	Buddy H. (Men's)
<b>Falkenberg Women's Jails</b>	Bianca H. (Women's)
<b>Pasco Jail-Women's</b>	Jessica M.
<b>Treatment Coordinator</b>	John T.
<b>Bridging the Gap</b>	Michael P.
<b>Man on the Bed</b>	Mindy W.
<b>Zephyrhills CI</b>	Matthew R.

**CONTRIBUTIONS: January-2026:**  
**Barracks Brigade: \$13.00, Come As You Are: \$20.00, Ruskin Fellowship: \$38.00, Language of the Heart: \$41.00, On the Way Home: \$43.00, New Beginning: \$50.00, Nightly Newcomers: 55.43, Cardinal Group: \$70.00, High Nooners: \$156.00, Keep it Simple/ Pass it On: \$203.00**

January Pink Can Contributions 2026	\$903.00
Operational Expenses	\$1,029.08

**Pink Can Drive**  
 Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ...  
 We will put it to great use!  
**TBAIC, PO Box 26242, Tampa FL 33623**

**The Corrections Committee needs all types of volunteers. They need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated.**

**Tampa Bay Area Institutions Committee**  
[www.tbaic.org](http://www.tbaic.org)

**WHO'S SITTING NEXT TO YOU?...continued from Page One**

way we do in my home town. You and some of your friends were planning a meeting after the meeting at a nearby coffee shop. By this time I had been silent too long to reach out to you. I stopped by the bulletin board to read the notices there, kind of hanging around without being too obvious, hoping you might ask if I wanted to join you, but you didn't. As I walked slowly across the parking lot to my car with the out-of-state license plates you looked my way again. Again, you looked away. I buckled my seat belt, started the car, and drove to the motel where I was staying. As I lay in my bed waiting for sleep to come I made a gratitude list. You were on it, along with your friends at the meeting place. I knew that you were there for me, and that I needed you far more than you needed me. I knew that if I had needed help, and had asked for it, you would have gladly given it. But I wondered...what if I hadn't been able to ask? I know who you are. Do you remember *me*?

**Fran D., New Orleans, La.** Reprint Permission: AA Grapevine March 1991

**A MESSAGE FROM WORLD SERVICES:**

Dear IGCOs, I'm writing to update you on the current issue affecting the B-12 (Daily Reflections) book. We have confirmed that a significant portion of the recent B-12 print run has a binding defect, resulting in books arriving with pages separating or falling out. Even replacement shipments have been reported damaged, including multiple replacement orders sent to Boston Central Service. Following a warehouse inspection of 400 randomly selected copies, every book inspected was found damaged and unsaleable, indicating that the entire inventory is likely affected. Because of the extent of the issue: • B-12 will be placed on backorder effective immediately. • We will not send further replacement copies, as replacements have also arrived damaged. • Instead, we will be issuing credits for any damaged B-12 orders received. The printer has acknowledged a bindery error and will be providing credits for the damaged stock. We will share an update on restocking and reprinting as soon as that information becomes available. In the meantime, if groups need an alternative, you may wish to recommend the B-19 (Large Print) edition of Daily Reflections. Please let me know if you have questions or need support communicating this to your groups. Warm regards, Irene Donoso Group Services Coordinator

**'I AM NOT GOD'**

When I entered AA and took my first moral inventory, I found to my dismay I had been trying to run my life, not only through an alcoholic haze, but with a god complex as well. Because I worked harder than anyone else, sacrificed more, and handed hobnail boots to anyone who wanted to walk on me, I thought I should be called Alcoholic, the Meek. Not so, pointed out my wise counselor. For my unrealistic expectations of my own endurance, my god-like vision always narrowed down to the tunnel vision of the bottle. My self-pity turned into resentments heaped on the heads of those people I had worked so hard for. Sober the AA way, day by day, after eighteen months, I have made an amazing discovery: I do not have to run the universe. I am not God. I do not have to carry the world on my shoulders, nor do I have to spin the wheels in my own small world. This is not my job. When I find myself spinning my wheels, I may be stuck in someone else's mudhole. When I bang my head against the door looking for answers, I may be asking the wrong questions. If I'm living the AA way, there will be a sound solution to any problem. In the meantime—"Easy Does It."

**V.E., Tall Timers, Md.** Reprint Permission: AA Grapevine March 1978

**Central Office Suggested Pie Chart Distribution :**

<p><b>Your Central Office</b> Tri-County Central Office 8019 N. Himes Ave. Suite 104 Tampa, FL 33614 <b>813-933-9123</b> 33614-2759 <a href="http://www.aatampa-area.org">www.aatampa-area.org</a> <b>65%</b></p>	<p><b>Your District "District Two"</b> Send to: District 2, General Service P.O. Box 20623 Tampa, FL 33622-0623 <a href="http://www.aatampa.org">www.aatampa.org</a> <b>20%</b></p>	<p><b>General Service Office</b> Make checks payable to General Service Board P.O. Box 2407 James A. Farley Station New York, NY 10116-2407 <a href="http://www.aa.org">www.aa.org</a> <b>10%</b></p>	<p><b>Your Area</b> South Florida Area Committee Send to: Area 15 Treasurer 2950 W. Cypress Creek Road Ste.333#1097 Ft. Lauderdale, FL. 33309 <a href="http://www.area15aa.org">www.area15aa.org</a> <b>5%</b></p>
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**Again: a reminder...TO ALL** members who have been sending Contributions to Central Office through our Web Site. **THANK YOU! BUT**—If you don't put down the name of your Home Group—it will be listed as **ANONYMOUS**, so don't be upset at us, if you don't see contributions from your Group on our Contributions page in the Newsletter. **Dear A.A. member pass this along during announcements at the meetings you go to.**

**DRIVERS NEEDED**

**GOT A CAR? WANT TO HELP YOUR SOBRIETY? HELP SOMEBODY GET TO A MEETING BY GIVING THEM A RIDE.**

**Interested In Helping—send us an E-mail to:**  
[aainfo@aatampa-area.org](mailto:aainfo@aatampa-area.org)

**That person just might be your newest member of your Home Group.**

“Helping others is the foundation stone of your recovery. A kindly act occasionally isn't enough. We must act the Good Samaritan every day, if need be. Big Book p.97

**The Birthday Club:** Contributions to the Central Office help support the local services to members and groups throughout Hillsborough and East Pasco Counties and help ensure that the A.A. message is carried around our area. your Treasurer if they have any Birthday envelopes available. Call or email your Central Office. **813-933-9123** or [aainfo@aatampa-area.org](mailto:aainfo@aatampa-area.org) **To the Treasurer or Contact Person of a Group—if you receive a Birthday envelope with the Thank You letter that we sent you—you can use it for yourself or hand it out to someone celebrating an Anniversary or use it to celebrate someone's Anniversary-Anonymously.**



**Please support your Central Office.**

**NOTES FROM INSIDE THE CENTRAL OFFICE**

**February 10th, 2026** the Board of Directors for Central Office  
**BOARD MEMBERS** **REPRESENTING GROUP**

AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK
BRIAN L.	BOARD MEMBER	BARRACKS BRIGADE GROUP
SCOTT B.	BOARD MEMBER	TAMPA SATURDAY NIGHT SPEAKERS
LINDA R.	BOARD MEMBER	THE MEETING PLACE GROUP
TRACI L.	BOARD MEMBER	STEPPING STONES WOMEN'S
OPEN	BOARD MEMBER	

**Board Members present: Chairperson: Al B., Linda R. Scott B., Brian L.-excused absence Board Meeting: 6:45 pm:** Al welcomed everyone to the Board Meeting and then asked if there were any new Board members. He then opened the meeting with a moment of silence followed by the Serenity Prayer. Al then asked if everyone was signed in to the chat. Al then told Scott that he was up. Scott gave rundown on our upcoming Tri-County Central Anniversary Dinner and Speaker Meeting, along with info from the planning meeting for the event. At this time 88 tickets out of 160 tickets have been sold. We will be starting planning for the Founders Day event after the Anniversary Dinner. Scott then pitched the April Quarterly and noted that the July Assembly will be here in Tampa. Central Office will be represented at the Carry the Message Day hosted by District 2. He thinks it will be a good idea to have a Central Office table at the event. Scott noted that he will be rotating out of the chair position of the Central Office Anniversary position. Al then announced that all Board members should to be present at the next meeting. Al is rotating out from the Board Chairperson position and we will need to elect a new Board Chair at the next meeting. A question was asked about purchasing tickets for the Dinner on our web site. That's a yes. More questions arose about purchasing tickets. This was followed by a questions and answers about being a Board Secretary, Treasurer-etc. More chit-chat followed. **Council Meeting: 7:00 pm** Al welcomed all the Council members to the meeting and asked if there were any new Council Members. We welcomed Eric from the Set Aside Big Book Group. Al reminded everyone to make sure you sign in to the chat. Al then asked everyone to open the meeting with the Serenity Prayer. **Secretary Report:** Tim read the January Minutes. Al asked if there were any questions. A question arose about the speaker for the Anniversary Dinner. The speaker would be Karen R., whose story is in the Big Book. A motion was made to accept the minutes. There was a second to the motion. Motion was approved. **Treasurers Report:** Tim presented the January Treasurers report. Contributions in January totaled \$9,822.93. 76 Groups or Individuals in our area have contributed in January, included is, \$1,025.00 from 41 ticket sales for the upcoming Central Office Anniversary, and \$1,705.48 from Groups or Individuals who made contributions through PayPal. We also received a \$36.00 from 2 Birthday Contributions and \$16.00 from the Pancake Breakfast Event. Our literature sales for January was \$5,785.94. This also includes sales from A.A material and non-A,A, material (medallions—etc.) Our total income for January was \$15,608.87. Our Total Cost of Goods Sold was \$4,073.08. Subtracting the Total Cost of Goods Sold from our January income left us with a Gross Profit of \$11,535.79. Our Total Expenses for January were \$8,882.07. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$2,653.72 for the month of

**February 10th, 2026** the Central Office Representatives met:  
**COUNCIL MEMBERS** **REPRESENTING GROUP**

**If you attended the Meeting but not listed below, we didn't catch your info in the chat—follow up with an email to [aainfo@aatamapa-area.org](mailto:aainfo@aatamapa-area.org)**

BRAD W.	GUEST— TECH HOST
DARIEN W.	SUNDAY NIGHT SPEAKER'S GROUP
ANTONELLA L.	TAMPA NIGHTLY NEWCOMERS
ERIN D.	WOMEN'S FULL MOON RIVER GROUP
JANET T.	THE MEETING PLACE GROUP
JESS M.	KEEP IT SIMPLE PASS IT ON GROUP
CARRIN P.	BIG BOOK BUNCH BRANDON
KEN M.	SAFE HAVEN GROUP
JESSY R.	SAFE HAVEN GROUP
VICTOR A.	TURNING POINT GROUP
JAMIE N.	SOBER @ 7 GROUP
TYLER M.	KEEP IT SIMPLE MEN'S GROUP
MIKE M.	SERENITY GROUP
NANCY G.	HIDE-A-WAY GROUP
KAYLA G.	OLD SCHOOL GROUP
KALEIGH F.	GREAT WAY TO START THE DAY
TOM R.	LANGUAGE OF THE HEART GROUP
KRISTA M.	STEP SISTERS IN SOBRIETY GROUP
TERRY Y.	TAMPA BAY YOUNG PEOPLE'S GROUP
JACOB P.	THE 164 GROUP
JOHN B.	CAME TO BELIEVE
MARY BLAIR R.	SISTERS IN SOBRIETY GROUP
ERIC S.	SET ASIDE BIG BOOK STUDY
PAUL T.	TUESDAY NIGHT NEWCOMERS GROUP

January. A motion was made to accept the Treasurers report. There was a second to the motion. Motion was approved. **Old Business:** Scott gave his report from the Anniversary Planning Committee. The Dinner will be February 21<sup>st</sup>, 2026 from 2:00 pm until 6:00 pm at the Palma Ceia Presbyterian Church, the cost will be \$25.00. Tickets are still available. We have only sold 88 tickets out of a 160, if you haven't gotten your tickets, make sure you do and spread the word. Scott went on to talk about the set up at the event and besides some fine-tuning points, everything is all set up for the event. You can purchase tickets off the Tri-County web site. He reminder everyone that if they know any bakers to remind them of the CakeWalk. He mentioned that after the event, they would start planning for the Founder's Day Event. He made an announcement for District 2 Literature committee and noted that he would be rotating from the chair position from the Anniversary Committee. A question was asked about the Literature committee. Jacob announced an Anti-Valentine Event at Club YANA **New Business: None.** **Announcements:** Krista from Step Sister's in Sobriety announced their 20<sup>th</sup> group anniversary, March 20th. A motion to close was made, seconded and approved. Meeting ended with the Lord's Prayer.

**The next Board & Council Meeting will be March 10<sup>th</sup>, 2026 on ZOOM Board Meeting at 6:45 and Council meeting at 7:00 pm**

**ANNIVERSARY TIME**

**It Works-It Really Does—Ask them how they did it!!!**

GROUP	Honors To	Date	Years
JUST WHAT I WANTED GROUP	DONNA	03/09/20	6 YRS
JUST WHAT I WANTED GROUP	MICHELLE S.	03/04/18	8 YRS
JUST WHAT I WANTED GROUP	DEBI S.	03/16/09	17 YRS
JUST WHAT I WANTED GROUP	TRICIA S.	03/18/08	18 YRS
HIDE-A-WAY GROUP	MARY C.	03/21/01	25 YRS
KEYSTONE DISCUSSION	BOB W.	03/28/92	34 YRS
KEYSTONE DISCUSSION	MARY	03/09/73	53 YRS
FRIDAY FRIENDSHIP WOMEN'S	RHONDA C.	03/26/09	17 YRS
FRIDAY FRIENDSHIP WOMEN'S	SUE T.	03/19/90	36 YRS
FRIDAY FRIENDSHIP WOMEN'S	JOANIE	03/12/84	42 YRS
HIGH-NOONER'S PLANT CITY	CLARK M.	03/03/18	8 YRS
HIGH-NOONER'S PLANT CITY	LARRY G.	03/09/17	9 YRS
HIGH-NOONER'S PLANT CITY	ELLIOT F.	03/13/89	37 YRS
ON THE WAY HOME GROUP	JOE D.	03/03/09	17 YRS
ON THE WAY HOME GROUP	JESSICA S.	03/28/04	22 YRS
CAME TO BELIEVE GROUP	JOANIE	03/12/84	42 YRS
CAME TO BELIEVE GROUP	JOE M.	03/01/71	55 YRS
RUSH HOUR GROUP	PHIL C.	03/10/21	5 YRS
RUSH HOUR GROUP	MARY S.	03/12/87	39 YRS
SIMPLY SOBRIETY WOMEN'S	MONICA B.	03/31/19	7 YRS
SIMPLY SOBRIETY WOMEN'S	KIMBERLY M.	03/30/19	7 YRS
SIMPLY SOBRIETY WOMEN'S	TRACY C.	03/01/09	17 YRS
SIMPLY SOBRIETY WOMEN'S	LORETTA M.	03/15/91	35 YRS
SIMPLY SOBRIETY WOMEN'S	DIANE R.	03/25/85	41 YRS
RIVERSIDE GROUP	MELISSA W.	03/27/15	11 YRS
RIVERSIDE GROUP	BILL	03/14/13	13 YRS
RIVERSIDE GROUP	JOE D.	03/03/09	17 YRS

**A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE**  
ONE DOLLAR OR **MORE** FOR EACH YEAR OF SOBRIETY

Home Group	Honors To	Date	Years
Tampa Nightly Newcomers	BRAD W.	01/02/12	14 YRS

**\*That's 652 Years of Sobriety!\***

Someone is definitely doing something right !Search out these people and find out their secret. I'm sure they would be Happy to share it with you ☺

*"In the spirit of participation, no contribution toward carrying the message can be too small. ... If everyone waited until they had a sizeable amount, it's more than likely that A.A.'s bills would go unpaid."*

**SELF-SUPPORT-FEBRUARY, 2026**

☺ Today in February we have gone down from **191** Groups to **184** groups and from **498** meetings weekly to **461**. Also we have **132** Zoom meetings weekly, up from **129**. Contributions in February totaled \$13,714.41. This accounts for what 81 Groups or Individuals in our area have contributed in February, also included is, \$1,,475.00 from 59 ticket sales for the upcoming Central Office Anniversary, and \$1,410.49 from 6 Groups or Individuals who made contributions through PayPal. We also received a \$14.00 from 1 Birthday Contribution. Our literature sales for February was \$7,278.92. This also includes sales from A.A material and non-A,A, material (medallions— etc.) Our total income for February was \$20,993.33. Our Total Cost of Goods Sold was \$5705.25. Subtracting the Total Cost of Goods Sold from our February income left us with a Gross Profit of \$15288.08. Our Total Expenses for February were \$9,920.76. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$5,367.32 for the month of February. Our Anniversary Fund Raiser helped out a lot for this February. Currently, we still have a good Prudent Reserve, all our bills keep getting paid, the lights are on, we have a decent amount of literature available, the phones are working Thank you for your support . Thank You!!!O.M. tws:)

**Nothing is impossible**

How easy it is to become despondent and despair when things are not working out to our own satisfaction. Something goes wrong in our life, some aspect of our affairs, and we tend to dwell on that and create a morbid picture of life perhaps. It is by experience we learn, and how depressing and bitter that experience can be at times! It is by suffering that we eventually learn to rid ourselves of all suffering. It is by our experience of adversity that we become qualified to help others who suffer. So it is with alcoholism! We learn through suffering. Wrong thinking kept to ourselves can accumulate and it takes effort on our part, large or small, to involve another human being and so earn release from conflict. A cultivation of genuine gratitude—very often missing from recovery—helps ease many situations, which otherwise could bring to boiling point feelings which make life unmanageable again. Fear, selfishness, doubt of God's love and wisdom, impatience, worry, these thoughts often take precedence over the wiser counsel A.A. offers of "Just for Today", "Easy Does It", and the often forgotten one, "Live and Let Live". Let's take heart and go forward in the reality of knowing that "as a man thinketh, so he is". Raising the level of thinking to a happier moon, in the spirit of everlasting hope, has been the practice of this writer over a period of time and hope has always materialized, often much better than expected.

**C.S. (Glasgow)**

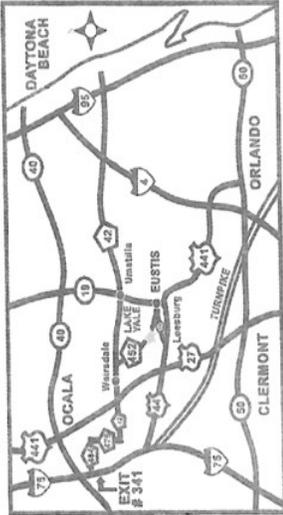
**Reprint Permission: Roundabout March 1978**

The Roundabout is a Scottish publication comparable to our A.A. Grapevine.....

**MORE NEWS AROUND THE TOWN & THE AREA**

Lake Yale Baptist  
Conference Center  
39034 County Road 452  
Leesburg, FL 34788

Phone: 352-483-9800  
Web Site: <http://www.lybcc.org>



SUGGESTED WEB DRIVING DIRECTIONS:  
<http://www.lybcc.org/about-us/directions/>



Spiritual Retreat  
for A.A. & Al-Anon



LAKE YALE  
CONFERENCE CENTER, FL  
MARCH 13-15, 2026

Online Registration Available:  
[www.retreatforaa-alanon.com](http://www.retreatforaa-alanon.com)



2026

2026

MARCH 13-15

BROOKSVILLE, FL

Soberstock is a 3-day weekend AA/Al-Anon/Alateen event featuring speakers, meetings, bands, food & fellowship.

Soberstock is open to all members of AA/Al-Anon and their families.

Proceeds of this function will purchase Big Books and other AA literature for District 2 Jails & Institutions. The remaining profits go to the area pie chart.

Speaker Meetings! Campfire Meetings! Live Bands! Motorcycle Run!  
Outdoor Meetings! ALL Food & Drinks provided! Tent Camping! Karaoke!

When: Friday, March 13th, 2026 - Gates open at Noon on Friday! Event ends on Sunday at noon.

Registration: Friday: Noon-7:30 pm Saturday 8:00am - 7:00 pm

\*Everyone must stop at registration and complete a liability form before entering event\*

Where: "Sand Hill Scout Reservation" - 11210 Cortez Blvd, Brooksville, FL 34613

What to bring: Tents, blankets, coolers, chairs, lanterns, bug spray, snacks, NO PETS (except service animals) NO RV's

What we provide: Fri. dinner, Sat. breakfast, lunch and dinner and Sunday breakfast.

**[www.soberstock.com](http://www.soberstock.com)**

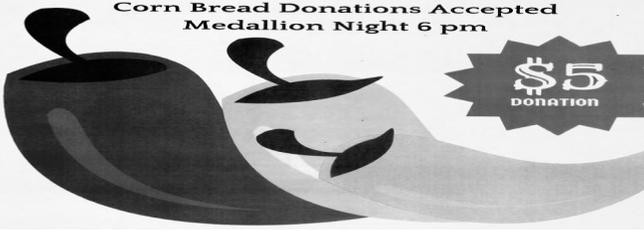
All SoberStock orders are processed on a "Will Call" basis, meaning no products or tickets are shipped. Once your order is received, your name is added to our list, and you can pick up everything at the registration office upon entering the gate. Online orders are secure, and we accept most major credit cards through PayPal.

SAFE HAVEN PRESENTS  
**CHILI COOK-OFF**

MARCH 28<sup>TH</sup> 2026 1 - 5 PM  
301 HOUSE 8601 BOWLES RD

Family Friendly Event  
Music / Karaoke  
50/50 Raffle  
Prizes

Corn Bread Donations Accepted  
Medallion Night 6 pm



**DISTRICT 2 PRESENTS CARRY THE MESSAGE DAY**

APRIL 18, 2026 1PM-4PM

**VOLUNTEERS NEEDED!** TELL YOUR SPONGES!

MONTHLY COMMITTEE MEETINGS  
LAST MONDAY OF THE MONTH 8PM  
MEETING ID : 825 4898 7233  
PASSCODE: 052496

2026 MEETING SCHEDULE:  
JUNE 28  
JULY 29  
AUGUST 29  
OCTOBER 29  
NOVEMBER 29  
DECEMBER 29  
JANUARY 29  
FEBRUARY 29  
MARCH 29

FOR MORE INFORMATION CONTACT CHELSEA 313-193-0383

The 2027  
National Corrections Conference  
will be held in Orlando, FL  
**JOIN OUR PLANNING COMMITTEE!**

**WE NEED VOLUNTEERS**

**OPEN POSITIONS**

- Registration Chair
- Outreach Chair
- Volunteer Chair



**MEETING INFO:**



Tuesday,  
March 17, 2026  
7:30 PM



Zoom login:  
ID: 846 7793 1983  
PW: 123

**68<sup>th</sup> FLORIDA STATE CONVENTION**

ORLANDO, FL PLAZA  
August 6<sup>TH</sup>-9<sup>TH</sup>, 2026  
9700 International Drive Orlando, FL 32819

**A NEW FREEDOM**

Scholarships Available!

Fun Activities: Indoor Go-Karts, Games & Trivia, World Class Golf, Dance Parties, Scenic 5K Run

Experience Freedom: Workshops, Great Speakers, Meet New Friends, Marathon Meetings, Panels

Register Today While Rooms Are Available!!  
Register Online at <https://68.FloridaStateConvention.com>

Scan the QR Code with your camera. For assistance please visit <https://68.FloridaStateConvention.com>

 Overflow Hotel 1 - \$109 Hyatt Place 8741 International Dr. Orlando, FL 32819 1-407-376-4720	 Overflow Hotel 2 - \$159 Rosen Centre 9840 International Dr. Orlando, FL 32819 1-407-996-9700	Host Hotel Sold Out Call 1-407-996-9700 to be put on a waiting list if available. - \$159 9700 International Drive Orlando, FL 32819
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