



Tri-County Central Office News

Asking God on our knees to bless everybody isn't half as manly as standing on our feet, reaching down and helping somebody.

A Monthly Newsletter of the Tri-County Central Office, Inc.
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October, 2023

THE SPOT CHECK

It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong *with us*. If somebody hurts us and we are sore, we are in the wrong also. But are there exceptions to this rule? What about "justifiable" anger? If somebody cheats us, aren't we entitled to be mad? Can't we be properly angry with self-righteous folk? For us of A.A. these are dangerous exceptions. We have found that justified anger ought to be left to those better qualified to handle it. Few people have been more victimized by resentments than have we alcoholics. It mattered little whether our resentments were justified or not. A burst of temper could spoil a day, and a well nursed-grudge could make us miserably ineffective. Nor were we ever skillful in separating justified from unjustified anger. Anger, that occasional luxury of more balanced people, could keep us on an emotional jag indefinitely. These emotional "dry benders" often led straight to the bottle. Other kinds of disturbances—jealousy, envy, self-pity, or hurt pride—did the same. A spot-check inventory taken in the midst of such disturbances can be of very great help in quieting stormy emotions. Today's spot check finds its chief application to situations which arise in each day's march. The consideration of long-standing difficulties had better be postponed, when possible, to times deliberately set aside for that purpose. The quick inventory is aimed at our daily ups and downs, especially those where people or new events throw us off balance and tempt us to make mistakes. In all these situations we need self-restraint, honest analysis of what is involved, a willingness to admit when the fault is ours, and an equal willingness to forgive when the fault is elsewhere. We need not be discouraged when we fall into error of our old ways, for these disciplines are not easy. We shall look for progress, not for perfection.

**Twelve Steps & Twelve Traditions
 Permission / A.A. World Services**

Our new member should get an extensive picture of consequences. It is important that, from the very beginning, he understands that these consequences are *not* the disease of alcoholism. Consequences, one thing. Disease, another thing! The consequences will probably go away (probably replaced with new consequences) for the sober AA member who works a good program for a few years. The disease of alcoholism doesn't go away. Our work on it will go on everyday. (BB p33) Once an alcoholic, always an alcoholic. The pickle cannot be turned back into a cucumber. We will live as alcoholics, either drunk or sober. We will be buried alcoholics, either drunk or sober.

STEP TEN

The key to understanding the Tenth Step is the word *continued*. After we have finished working the first nine Steps, there is really nothing new, but instead there is a continuous working of what we have already done. If we go back through the Steps, we see that the first personality change occurs after Step 4: "We have begun to learn tolerance, patience and good will toward all men, even our enemies." (Big Book, p.70) And then we get a lot of growth after Steps 5 and a lot of growth again after Step 9. All the growth will come through the action Steps. We don't get any real growth out of identifying the problem in Step 1 or finding the solution in Step 2. Step 3 is just a decision, and we don't get any growth from making a decision. All the real growth comes from Steps 4-9. If we examine Step 10, we see it is a continuous practicing of those Steps (4-9) on a daily basis. There is no way we could enter a program like this and remain the same. The Big Book tells us to continue to watch for selfishness, dishonesty, resentment, and fear, and we discovered those things in the Fourth Step. When we find them, we discuss them with another person, which is Step 5. We asked God to remove them, which is Steps 6 and 7, and if we have harmed anyone, we make amends, which is Step 9. ***So really Step 10 is a continuous practicing of Steps 4-9 on a daily basis.*** As we practice these Steps over and over, we will learn more and more about ourselves. We will see more and more character defects, and as we discuss them with someone else in Step 5, we will learn more and more. (Big Book, p. 83) As we ask God to remove them, they will become less and less. As we make amends to other people, our relationships with other people will grow better and better. When we finish Step 9 we get the Promises. For all intents and purposes we have recovered. We have put our lives in order. The Big Book talks about the three dimensions of life: the spirit, the mind, and the body. The Big Book gives us a design of living. Most people don't understand that life does have a design.

Joe McQ (of the Big Book Study Tapes)

Now that we're in A.A. and sober, and winning back the esteem of our friends and business associates, we find that we still need to exercise special vigilance. As an insurance against "big-shot-ism" we can often check ourselves by remembering that we are today sober only by the grace of God and that any success we may be having is far more His success than ours.

Twelve & Twelve p. 92

District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

CONTACT---(877) AATAMPA or (877) 228-2672

TBAIC SECRETARY REPORT 23/09/09 Chair Report - The meeting started at 9:30 AM with the Declaration of Unity. In attendance were Jonathan C., Mike B., Allan D., Bianca H., Susie C., Rich R., Joe R., Jenna and John T. Jonathan reported that he will attend the upcoming area assembly and today's pre-assembly meeting of the area treatment committee. Jonathan mentioned that due to personal reasons, Tom F. will need to give up his role as TBAIC secretary and Man on the Bed coordinator. Jonathan said that John T. is willing to perform those duties temporarily but anyone else who is interested should contact him.

Secretary Report – John T asked if any changes to the August secretary report. None were mentioned and the report was accepted. Treasurer Report - John T. said the current Pink Can balance is \$4,647.66. During the month, we received contributions totaling \$1,239.53 from 8 groups. Expenses during the month included \$967.24 for literature and \$50 for central office storage space. John mentioned that he ordered 10 cases of 30 each back issues of the Grapevine magazine. He said the literature cabinets at central office are well stocked but if anyone needs literature not in the cabinets for meetings, they should purchase it from central office and charge it to the TBAIC account. We have good credit!!! John added that there is a good deal of Spanish literature in the cabinets. Allan D. said he plans to talk with someone from Area 15 District 21(Spanish language district) to identify their involvement, if any, in treatment and corrections facilities in the local area, which may be a way to use the Spanish literature. John also mentioned the notice he received from the IRS regarding the committee not filing a Form 990-N for 2021. John said the issue was resolved and that since a Form 990-N was filed in 2022 the committee will not be adversely affected and will retain tax-exempt status. Treatment – All meetings at ACTS Detox are being covered. Management changed the Sunday 7pm meeting to an NA meeting. All meetings at ACTS Amethyst except Wednesday 1 pm meetings are being covered. Still no meetings at ACTS Juvenile Detox. Joe R. said Tuesday meetings at Cove Behavioral Men's Residential are going well. He added that meetings at ACTS Sandra Prince ICP are going well every other Tuesday at the 17th St facility and every Wednesday at the 131st Ave facility. Jonathan C. said he has been attending the Thursday meetings at New Beginnings sober living facility and they are well received by residents. He said another man is doing the meetings there on Monday, Wednesday and Friday. Allan D. said he held the first meeting at the Salvation Army homeless shelter last night. He said there were 6 attendees. He said the program director asked that the meeting be closed to shelter residents only. John T. mentioned that meetings at Cove Housing (Friday) and Tampa Hope (Thursday) shelters are both open meetings and support from other AA members is appreciated. No issues identified with other treatment meetings. Corrections – Jenna introduced herself as the new AA coordinator for True Core Behavioral meetings. She said there are currently 10 volunteers and they are working to create a good schedule to cover the two weekend meetings with at least 2 volunteers per meeting. Bianca H. said the Friday and Sunday women's meetings at Falkenburg Road Jail are going well with at least 2 volunteers per meeting. She said applications are being processed for several new volunteers including the women who will be doing the Wednesday meeting with Susie C. She said that meeting will start as soon as enough volunteers are cleared to enter the jail. She said they plan to have pot luck dinners and/or other meetings to coordinate schedules and meeting topics. Rich R. said the Falkenburg Road men's meetings are going well with close to 40 attendees per meeting. He said they have experienced no problem with bringing literature including Grapevine magazines into the jail. He also said they have been passing out Bridging the Gap cards at meetings. Tom F. told Jonathan that Zephyrhills CI meetings are going well and are pretty much self-sustaining. John T. said no meetings were currently being held at the W T Edwards Juvenile facility. He said he recently spoke with the previous AA coordinator for those meetings and he expressed a desire to restart meetings there but had some personal issues to resolve prior to doing so. John and Allan D. mentioned that they could provide contact and other information to anyone interested in starting meetings there. Brittani B. sent a report via email for the Pasco County Jail women's meeting which stated: "We have four ladies who have been approved but need orientation before I can schedule them. We have had to cancel meetings the last two weeks because members were not well and I did not have a replacement.

Our Next Committee Meeting
October 07th,2023 9:30 am on ZOOM. Contact us at **www.tbaic.org** for more information. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

It should be much easier once the new members are oriented." Bridging The Gap – Jonathan C. reported that he received one call from someone who went to treatment in Tampa but lives in Orlando. He contacted Orlando intergroup who contacted the caller. John T. said he had one call from a woman in a sober living facility and a woman from the BTG contact list was contacted and took the caller to the meeting. Jonathan said Tom F. got 2 calls but no one was on the line for either call. That means 4 BTG calls with 2 successful bridges. Man on the Bed – Jonathan C. said Tom F. received 4 calls which he or another volunteer handled. John T. said he handled 1 call last week and was able to talk with the patient at Tampa General and provide him AA literature. John explained how the program works and indicated new volunteers are welcome. Old Business – Nothing mentioned. New Business – Mike B. mentioned the comment made at the recent District 2 meeting about the TBAIC contact information. John T. said he had talked with the woman who made the comment (Melissa B.) and the issue was among several other things about the TBAIC web site that needed attention. John said he had contacted the webmaster for the site (Sylvia L.) and was told that she could update the web site if we provide her a list of items that need to be changed. John mentioned that he had compiled a list of items and asked for others to look at the web site and let him know of any suggested changes and he would provide them to Sylvia. John T. mentioned that he would be attending the November 4th District 2 Gratitude Dinner in Brandon. He said the committee had a display at last year's dinner and he planned to set up the display with current TBAIC information and volunteer sign-up sheet at the upcoming dinner. He also added that the prior committee chair (John O.) had purchased a professional level tri-fold display board which was not being used. He said he did not know how to use the board but said if anyone would be willing to look at it, the board is in the TBAIC storage area at the central office. The meeting was adjourned with the responsibility statement and the Lord's prayer at 10:35.

Thank you to those groups who have sent in a donation last Month:

Contributions: August 12th-September 9th: Keep it Simple/Pass it On:\$113.53, Keystone Discussion: \$16.00, New Beginnings Our Club: \$40.00, Nooner's Group Our Club: \$40.00, Old School Group: \$221.00, Ruskin Fellowship: \$37.00, Saturday Night Fever: \$737.00, Women's Sobrietea: \$35.00

YTD Contributions to TBAIC	\$15,450.22
Pink Can Balance 12/31/22	\$8,063.62
YTD Money Spent on Literature	\$15,812.63
YTD Operational Expenses	\$3,053.55
Pink Can Current Balance 01/07/23	\$4,647.66

The Corrections Committee needs all types of volunteers. They need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated.

HELPING OTHERS

We're in A.A. for only two reasons, to keep sober ourselves and to help others to keep sober. It's a well known fact that helping others is a big part of keeping sober yourself. It's also been proved that it's very hard to keep sober all by yourself. A lot of people have tried it and failed. I know a man that came to two A.A. meetings and after that he stayed sober alone for several months. But he fell off the wagon with a bang and was drunk the next time I heard of him. We can't do it alone. Fellowship is part of keeping sober. The doctors call it group-therapy. We never come into an A.A. meeting without taking something out of it. Sometimes I don't feel like going to a meeting and I think of excuses for not going. But I usually end up by going anyway. And I always get a lift out of every meeting. To me, meetings are part of keeping sober. We get more out of a meeting if we contribute something to it. If you get up in a meeting and tell something about yourself in order to help the other fellow, you feel a whole lot better. It's the old law of the more you give, the more you get. Witnessing and confession are part of keeping sober. You never know when you may help somebody. A girl whom I didn't know when stopped me on the street and said she'd heard me talk in a church and wanted to tell me that her brother who's an alcoholic had found sobriety down in New Jersey somewhere. When you are taking another alcoholic to a hospital, you can't help putting yourself in his place. But for the grace of God, you'd be in his place. Helping others is the best way to stay sober yourself. And the satisfaction you get out of helping a fellow human being is one of the finest experiences you can have.

**Richmond W. / FOR DRUNKS ONLY /
Author of the Twenty-Four Hours A Day**

Your Way, My Way—or AA's Way?

Around the tables, we seldom hear anyone saying, "Each one can do it his own way." The idea is put into practice there, but not voiced. Mostly, we hear it said aloud by those who simply don't get around the tables very often. This is not my own observation; rather, it was deftly pointed out to me. I then did some minor research. Indeed, the members giving lip service to the freedom of AA are, strangely enough, those who just don't get to many meetings and are, not so strangely, miserable. For all those you know who are out there on the fringe of happiness, I recommend the following paragraph from page 152 of *Alcoholics Anonymous*: "Yes, there is a substitute and it is vastly more than that. It is a fellowship in Alcoholics Anonymous. There you will find release from care, boredom and worry. Your imagination will be fired. Life will mean something at last. The most satisfactory years of your existence lie ahead. Thus we find the fellowship, and so will you." There is no way to find this fellowship and enjoy the multitude of benefits except to be part of the Fellowship—be at meetings and get active in AA. How simple, how easy! And the rewards keep going on and on. For an alcoholic, there is no substitute for AA, but AA is clearly more than a substitute for alcohol.

Reprint Permission / AA Grapevine / October 1976

THE TENTH STEP

"Continued to take personal inventory and when we were wrong promptly admitted it." In coming into A.A. we usually will have a pretty big inventory to work on, as in Steps 4, 8, 9. But even after that, we will not be perfect. We have a long way to go. We will continue to make mistakes and will be inclined to do some more wrong thinking and wrong doing. So, at intervals, we **CONTINUE** to take inventory. Here the purpose is to check on our progress. We certainly cannot be perfect so the need for regular inventory is apparent. These inventories are **PERSONAL**. We confine the inventory to ourselves. We are the ones who need it. Never mind the other fellow. He too, is probably troubled and will have to make his own inventory. When we make these inventories, probably the best way to start is to go over, one by one, each of the Twelve Steps and try to discover just what, in these Steps, we are not following. The business man **HAS** to make a physical inventory from time to time. We have to make a personal inventory of ourselves from time to time if we want to recover from a serious illness. So much for the Inventory Steps. Now look at some of the things we would do well to cover in an inventory.

1. **Selfishness**...the common vice of all alcoholics.
2. **Egotism**...who is without some of it? Self-importance. Mr. Big.
3. **False pride**...too big to admit a fault or an error.
4. **Impatience**...the spoiled child in a grown man or women.
5. **Resentments**...an Alcoholic usually is sore at the whole world, everybody is wrong.
6. **Lack of Common Honesty**...usually fooling ourselves and trying to fool others. False pretense. Sham.
7. **Deceit**.
8. **Hate**...the outgrowth of anger and resentment.
9. **Jealousy**...just "wanting" what the other fellow worked to get.
10. **Envy**...a sure-fire cause of discontent and unhappiness.
11. **Laziness**...just plain laziness.

And so on through a long list. Conversely our inventory could show a list of virtues we very definitely lack and should go to work on to develop such as—
Honesty, Simple Justice, Fairness, Generosity, Truthfulness, Modesty, Humility, Honest pride in work well done, Simplicity, Patience and Industry (go to work and really work).
And so on through a long list. Then consider a few major virtues.
FAITH...If we have lost faith we must work desperately hard to get it back. Ask God to give us faith in Him, our fellow man and ourselves. **HOPE**...If we have lost hope we are dead pigeons. Only those who have been cruelly hurt and in desperate need can know the wonderful sense of security that lies in hope for better things. **TRUST**...Since our own self-sufficient conduct of our own life has failed us, we must put our trust in God, who has never failed.

(An Interpretation of the Twelve Steps)

In talking about Step 10, the big book says that following Step 9 Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime It is to a certainty that making this an ongoing process is vital to ensuring that the promises of the 9th Step are retained. As with every Step of Alcoholics Anonymous, the God of our understanding is at the front and center of this step.

NOTES FROM INSIDE THE CENTRAL OFFICE

September 12th, 2023 the Board of Directors for Central Office
BOARD MEMBERS REPRESENTING GROUP

AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK
LINDA B.	BOARD MEMBER	JUST WHAT I WANTED GROUP
CHRIS S.	BOARD MEMBER	RUSKIN FELLOWSHIP GROUP
DODY H.	BOARD MEMBER	CAME TO BELIEVE GROUP
Excused	BOARD MEMBER	TO IMPROVE OUR CONSCIOUS CONTACT
CARL L.	BOARD MEMBER	KEEP IT SIMPLE MEN'S GROUP
BRAD W.	BOARD MEMBER	TAMPA NIGHTLY NEWCOMERS GROUP
OPEN	BOARD MEMBER	
OPEN	BOARD MEMBER	
OPEN	BOARD MEMBER	

Al opened the meeting with a moment of silence followed by the Serenity Prayer. (Because of time restraints the Board & Council meeting has been combined.) **Board Members present: Al B., Linda B., Dody H., Brad W., Carl L., & Chris S.**

Secretary Report: Debbie was absent, so Dody read the August Secretary report. A Motion to approve was made & seconded & accepted. **Treasurers Report:** Chris presented the August Treasurer's Report. Contributions in August totaled \$3,657.84. This accounts for what 36 Groups or Individuals in our area have contributed in August, also included is \$417.96 from 9 Groups or Individuals who made contributions through PayPal. Our literature sales for August was \$9,376.74 . This includes sales from A.A. material and non-A.A. material (medallions—etc.) Our total income for August was \$13,034.74. Our Total Cost of Goods Sold was \$6,188.04. Subtracting the Total Cost of Goods Sold from our August income left us with a Gross Profit of \$6,846.70. Our Total Expenses for August were \$10,965.21. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$4,118.51 for the month of August. Nez asked if he could have the Treasures report send to him. A Motion to approve was made & seconded & accepted. **Old Business:** Nez announced the Promises Anniversary Dinner. Tickets are sold out but anyone can still donate cakes for the Cakewalk. **New Business:** None **Announcements:** Came to Believe Group had to re-locate, they are now at St. Mark's Episcopal Church, 13312 Cain Rd., Tuesday, Wednesday & Thursday at 10:00 am. A question concerning the Roundup was bought up and Brad announced that it was a success and attendance was good. The Committee is already in the works for next year. A motion to close was made, seconded and approved. Meeting ended with the Lord's Prayer.

The next Board & Council Meeting will be October 10th, 2023 at 7:00 pm on ZOOM
Timothy S. Office Manager

September 12th, 2023 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

If you attended the Meeting but not listed below, we didn't catch your info in the chat—follow up with an email to aainfo@aatamapa-area.org	
JOANN B.	DISTRICT 2 CHAIR
EMMA D.	NEXT DOOR GROUP
NES Z. Alternate	PROMISES GROUP
SUSAN S.	STEP SISTERS IN SOBRIETY GROUP
PRISCILLA M.	SOBRENITY GROUP
KIMBERLY S.	164 GROUP
KARA H.	LANGUAGE OF THE HEART GROUP
ISAAC	TAMPA BAY YOUNG PEOPLE'S GROUP
SCOTT B.	TAMPA SATURDAY NIGHT SPEAKERS
PHIL M.	NIGHTLY NEWCOMERS GROUP
BRIAN L.	BARRACKS BRIGADE GROUP
NORM B.	SOBER @ 7 GROUP

Join Us Celebrating

RED CHIP DAY

Sunday November 12, 2023 @ 2:00 PM

Speaker: Matt K.

Enjoy fellowship, sobriety countdown, raffle & more.

Please bring finger foods to share.

Apostles Lutheran Church

200 Kingsway Rd. Brandon 33510

All Proceeds to Central Office

ANNIVERSARY TIME

It Works-It Really Does—Ask them how they did it!!!

GROUP	Honors To	Date	Years
SISTERS HOUSE	JANE A.	10/03/81	42 YRS
BARRACKS BRIGADE	JOSE M.	10/08/03	20 YRS
GRAPEVINE GALS	ANGELIA D.	10/23/10	13 YRS
SUNSHINE GROUP	SINIA P.	10/28/11	12 YRS
SATURDAY NIGHT LIVE	MARY R.	10/21/83	40 YRS
OLD SCHOOL GROUP	JUDY G.	10/31/84	39 YRS
SOBER @ 7 GROUP	BETTY E.	10/08/09	14 YRS
SOBER @ 7 GROUP	RICH R.	10/01/74	49 YRS
LIVING SOBER/AS BILL SEES IT	CHRIS D.	10/17/08	15 YRS
LIVING SOBER/AS BILL SEES IT	JEFF B.	10/10/05	18 YRS
KEYSTONE DISCUSSION	ED D.	10/17/05	18 YRS
KEYSTONE DISCUSSION	ALEX P.	10/11/90	33 YRS
KEYSTONE DISCUSSION	GUY S.	10/24/88	35 YRS
KEYSTONE DISCUSSION	MITCH S.	10/22/87	36 YRS
KEYSTONE DISCUSSION	TOM F.	10/19/81	42 YRS
MUSTARD SEED GROUP	MARTIN G.	10/17/13	10 YRS
RUSH HOUR GROUP	ROSE A.C.	10/15/84	39 YRS
SIMPLY SOBRIETY	KAROL L.	10/20/76	47 YRS
CAME TO BELIEVE	LAURA A.	10/22/22	1 YR
CAME TO BELIEVE	RICHARD A.	10/21/22	1 YR
CAME TO BELIEVE	MIRIAM C.	10/30/19	4 YRS
CAME TO BELIEVE	MARGARET S.	10/19/17	10 YRS
FRIDAY FRIENDSHIP	SUE I.	10/16/13	10 YRS
FRIDAY FRIENDSHIP	MEGHAN M.	10/31/10	13 YRS
FRIDAY FRIENDSHIP	DOTTY R.	10/10/10	13 YRS
FRIDAY FRIENDSHIP	MAURA	10/04/04	19 YRS

**A BIRTHDAY CLUB SUPPORTER TO
CENTRAL OFFICE**

ONE DOLLAR OR MORE FOR EACH YEAR OF SOBRIETY

Home Group	Honors To	Date	Years
SOBRENITY GROUP	MICHAEL McA	09/28/74	49 YRS
BARRACKS BRIGADE	JOSE M.	10/08/03	20 YRS
NOONTIME CELEBRATION	JIM H.	10/87	36 YRS

That's 678 Years of Sobriety!

Someone is definitely doing something right !Search out these people and find out their secret. ☺

SELF-SUPPORT-SEPTEMBER, 2023

© Today in September of 2023 still COVID has changed the way many groups contribute to the Central Office. Some groups have remained steady in their contributions, some groups have gone to ZOOM, A few ZOOM groups have made some contributions and some groups are Hybrid (in-person & ZOOM), other groups have folded for a lack of a space to have their meeting and some new groups are starting up, and now many groups are getting back to normal pre-pandemic live meetings. Things are looking up and getting better. It's certainly a time to renew our efforts and practice the meaning of the Serenity Prayer a little bit more. We currently have 198 Groups in the Hillsborough-East Pasco area with around 520 meetings weekly. Also we have 38 Zoom Groups with 113 meetings weekly (If I counted correctly). Contributions in September totaled \$3,928.75. This accounts for what 27 Groups or Individuals in our area have contributed in September, also included is, \$105.00 from 3 Birthday Club members and \$1,056.71 from 10 Groups or Individuals who made contributions through PayPal. Our literature sales for September was \$11,245.14. This includes sales from A.A. material and non-A.A. material (medallions—etc.) Our total income for September was \$15,173.89. Our Total Cost of Goods Sold was \$8,871.19. Subtracting the Total Cost of Goods Sold from our September income left us with a Gross Profit of \$6,302.70. Our Total Expenses for September were \$8,345.77. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$2,043.07 for the month of September. We still have a good Prudent Reserve, all our bills keep getting paid, the lights are on, we have a decent amount of literature available, the phones are working and it is still looking like 2023 just might be a better year to look forward to. Thank you for your support of the Central Office. Thank You!!!

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. (The 12 Traditions were created to help each A.A. group maintain unity and relate better to the world about us. With that in mind, they have been widely used in helping us learn how to be in better relationships with everyone in our life. Below is a snapshot inventory you can take to see how well you are honoring the spiritual principle found in this Tradition.) Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy. **1.** Do I ever give the impression that there really is an "AA opinion" on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-Step programs? Vitamins? Al-Anon? The federal or state government? **2.** Can I honestly share my own personal experience concerning any of those without giving the impression that I'm stating the "AA opinion"? **3.** What in AA history gave rise to our Tenth Tradition? **4.** What would AA be without this Tradition? Where would I be? **5.** Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways? **6.** How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA? **7.** Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others?

HALLOWEEN DANCE

PRESENTED BY SAFE HAVEN

OCTOBER 28, 2023 | START AT 8 PM

\$5
COVER

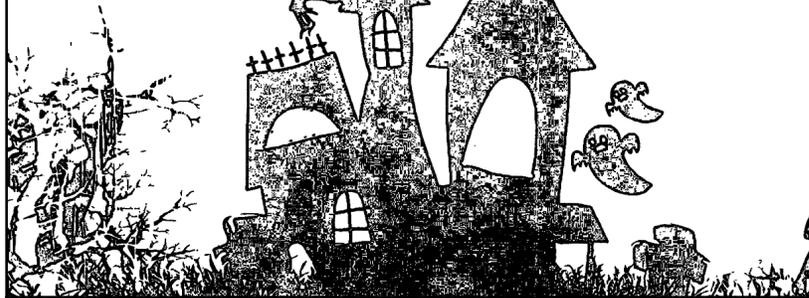
After Medallion meeting

DOOR
PRIZES

301 HOUSE 8601 BOWLES RD TAMPA, FL

Music, adults costume contest, kids costume contest, 50/50 drawing,

9 ball tournament, Bring a covered dish!!



District 2 Annual Gratitude Dinner

Benefiting the General Service Office

SerENITY

Russ K.
Speaker

Purchase tickets by scanning
the code below.



Scan me!

November 4, 2023
5:00pm - 9:00pm

New Hope Church
213 N. Knights Ave
Brandon, FL 33510

Tickets are \$20.00

For additional information contact: D2gratitudedinner@gmail.com

For we are now on a different basis; the basis of trusting and relying upon God. We trust infinite God rather than our finite selves. We are in the world to play the role He assigns. Just to the extent that we do as we think He would have us, and humbly rely on Him, does He enable us to match calamity with serenity. ~BB page 68

STEPS, TRADITIONS, & CONCEPTS

Learn How to Apply in
Your Personal Life!

- **Speakers:**
 - Bill O. - Traditions
 - Alan D. - Concepts
 - Elisabeth D. - Steps
- **AA Jeopardy!** Test Your Knowledge!
- **50/50 Raffle!**
- **Pizza provided! Potluck (please bring Appetizers & Desserts)!**

18125 US Hwy 41 N. Lutz, Suite 102
Park North of Building, Follow Signs,
Entrance in Rear of Building



Saturday,
November 11, 2023
1:30pm - 4:30pm

Good Food, Fun Games, and
Fellowship! Join Us!

Bring a Newcomer, Your
Sponsor & Sponsees!

12 x 12 x 12 Workshop

Prodigal Sons V Central Florida AA Men's 12-Step Retreat, Fall 2023

The Fall Retreat is once again around the corner!

WHAT: This is a 3-day, 12-Step Men's Retreat welcome to all members of Alcoholics Anonymous. This retreat is based on the 12 steps of Alcoholics Anonymous, put on by recovered alcoholics for other alcoholics in recovery. It is not a religious retreat and the presenters utilize only AA conference approved literature. The events include speakers for each step, buzz group sessions to work the steps, (5) meals, AA speaker meeting, snacks, fellowship, bonfire, lakeside morning meditation. Camp style lodging included with registration fee.

WHEN: Friday November 17 thru Sunday November 19, 2023

WHERE: Lake Yale Baptist Convention Center
39034 County Rd 452, Leesburg, FL 34788

WELCOME: Registration begins 2:00 pm Friday, November 17th
Retreat begins at 4:00pm
Dinner served at 5:30pm

COST: \$155: Camp lodging and bring your own bedding, towels, pillow
\$170: Camp lodging with supplied bedding
\$120: All retreat events with no lodging

*Limited hotel room space for additional fee is available. Call for details.

Payment (check money order, PayPal) **Due on September 1, 2023**

WHO TO CONTACT: For the application form send an email to:
prodigalsonsv@gmail.com
or call/text Daniel at 941-730-4274

Group	SEPT	Y T D	Group	SEPT	Y T D	Group	SEPT	Y T D
11th Step Group- Christ King			Live and Let Live Group			Sober @ 7 Group	166.20	166.20
11th Step Meditation			Living in the Solution		640.00	Sober @ 7 Anniversary		
11th Step Retreat			LivingSober/As Bill Sees It		380.16	Sober on Saturday Group	100.00	500.00
AA 101 Group		520.00	Lunch Bunch Group		150.00	SoberSticks Event		130.00
A Common Solution Group	20.15	78.81	Mid Day Madness		45.00	SoberStock Event		2,125.00
Alpha Group	100.00	480.00	Mid Day Matinee Group zoom			Sobriety Group	6.56	490.70
Annual Housecleaning			Mid Day Matinee Group		2,650.00	Sobrietea Women's Group		90.00
Anonymous Donations	285.00	4111.94	Morning Express Group		805.35	Soberilla		1,066.66
As Bill Sees It--Riverview			Morning Express (YANA)		697.45	Sobriety at Sunrise Group	237.90	1,681.11
As Bill Sees It Mens Odessa		650.00	Morning Meditation Meeting			Social Distancing Group		
Attitude of Gratitude Group	150.00	450.00	My Turn Group			Sobriety at Sunset Group		471.90
Barracks Brigade Group	20.00	180.00	Never Too Early Group			Solutions Group		
BeginnersFirst Group		409.00	Never Too Early Group(Zoom)			Southshore Men's Group		311.32
Big Book Bunch Group		208.00	New Beginnings-(5:45)Joe's		342.20	Southside Men's Group # 1		423.00
Bill D's Group		175.00	New Beginnings Brandon		486.00	Southside Men's Group # 2		
BIRTHDAY CLUB	105.00	682.00	New Beginnings-(Our Club)		419.90	Southside Men's Group #3		500.00
Brandon Big Book Group			Newcomers Group		257.50	Southside Men's Group #4		
Brandon Saturday Night Group	57.57	57.57	New Tampa Monday Men's		606.00	Spiritual Development		150.00
By The Book Men's Group		104.07	New Way Women's Group		100.00	Spiritual Growth Group		
BYO 12 & 12 Group		82.00	Next Door Group			Stay the Course Group		250.00
Came To Believe Group		748.75	Nightly Newcomers Group		80.00	Staying Alive @ 5:45		800.00
Candlelight Group			Nooners Group--Riverview		504.82	Step Sisters in Sobriety		136.50
Cardinal Group - Odessa	441.00	926.09	Nooners Group--Tampa		151.61	Stepping Stones Group (w)		336.00
Carrollwood Group		135.00	Noontime Celebration Gp.		200.00	Sun City Center Group		76.40
Carrollwood Blue Roof Group			Odessa Group		385.35	Sun City Center Zoom		
Clean Air Group		67.75	Old School Group		3,250.00	Sunday Afternoon Step	96.00	165.00
Close to Home Group		100.00	Old School Gp Anniversary			Sunday Speakers - 3333		
Come as You Are Group			Old Timers Group		97.00	Sunset Group		500.00
District Two General Service		763.75	On the Way Home Tpa 5:30		840.58	Sunshine Group		
Early Risers Group - Joe's		360.00	One Day at a Time Group			Sweet Surrender Group		
Expect a Miracle Group		410.00	Palma Ceia Big Book Group		400.00	Tampa Bay Fall Roundup		
Experience, Strength & Hope			Pathfinders Group		100.00	Tampa Bay Institutions	50.00	500.00
FCYPAA Committee			Pavillion Peeps		110.00	Tampa Bay Speakers Gp.		216.05
Fear Not Group			Pilgrim Group -St Leo's			Tampa Bay Young People		
Fireside Group		604.73	Plank Owners Group			Tampa Bid for FCYPAA		
Fourth Dimension Group	260.00	698.75	Plant City Sunday Night			Tampa Group		
Freedom in Sobriety Group		199.08	Primary Purpose Group		11.88	Tampa Nightly Newcomers-Zoom	60.00	170.14
Fresh Start Group			Promises Meeting Group		213.41	Tampa Palms Big Book		
Friday @ 4 Group		430.30	Promises Group Anniversary			Tampa Sat Night Speakers	100.00	300.92
Friday Night Lights Group			Red Chip Day			T & C Sisters in Sobriety Group		
Friday Morning Women's		650.00	Reflections Group-Lake Mag	326.35	618.05	TGIS Group		
Friday Night Women's Group			Riverside Group		188.05	Thank God it's Friday Group		712.00
Friends of Bill Meditation (Z)	55.00	95.00	Rule 62/Keep it Simple			The 164 Group		
Good Start Group	265.00	2,299.00	Ruskin Fellowship Group		372.45	The 164 Group Wesley Chapel		
Grapevine Gals Group	177.75	432.75	Ruskin Womens Big Book			The Meeting Place Group		2.30
Great Way To Start The Day		836.00	Ruskin 11th Step Meditation			There is a Solution		
Grupo Poco a Poco			Safe Haven Group			Thursday Pavillion Peeps		
Grupo Solo por Hoy			Safe, Sane & Sober Group		527.70	To Improve Our Consious Contact		
Grupo Un Milagro En Tampa			Saturday Night Fever Group		2,018.00	Town & Country Wed. Night		
Happy Destinty Group			Saturday Night Live Group			Tues.Big Book of Brandon		108.00
Happy Hour Group		2,600.00	Saturday Serenity Group		144.30	Turning Point Group -Z-H.		650.00
Grupo Un Milagro En Tampa			Seekers of Serenity II Group			UpTown/ Downtown Group		150.00
Hi Nooners Group Plant City	100.00	400.00	Serenity Group--ZOOM		194.23	UT 717 Group		
Hide-A-Way Group	309.76	1401.16	Simply Sobriety Women's Group		293.60	Valrico Friday Morning		
High Nooners Group			Sisters 12 n 12 Group (Zoom)		809.82	WAWA Group		300.00
Hope Floats Group			Sisters Celebrating Sobriety		54.00	We Are Not Saints Group		250.77
Host of Friends Group		125.00	Sisters in Sobriety Group		416.50	Wed Night Step Workshop		14.57
It's in the Book Men's Group		1,014.67				Wed Keep it Simple Group		414.70
In Loving Memory						Wellspring Group	1.46	8.67
Into The Triad AA Group						Wesley Chapel Group		310.87
Just What I Wanted Big Book		187.10				With Room to Grow Group		500.00
Keep it Simple Men's Group	75.00	300.00				Women's Big Book Tampa		
Keep It Simple/Pass It On		446.80				Women's Big Book Ruskin		
Keep it Simply Spiritual		268.00				Women's Friendship Group		936.75
Keep it Simple Group Dade City	390.00	1,365.00				XYZ-32 Group		
Keeping It Real Group			Total	326.35				
Keystone Group		363.51	YTD Total		19,560.91			
Language of the Heart		500.00						
Life Enrichment Group		481.00						
Little Harbor Grapevine Group						Total	818.12	
						YTD Total		15,915.53
						Monthly Total	3,955.70	
Total	2,811.23							
YTD Total		27,397.58						
						Grand Total	62,874.02	