



Tri-County Central Office News

A Monthly Newsletter of the Tri-County Central Office, Inc.
8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763
Phone: 813- 933-9123 E-Mail: aainfo@aatampa-area.org
Web Site: www.aatampa-area.org

October, 2022

ADMITTING IT WHEN WE ARE WRONG

It is hard for many of us to admit we are wrong. It is humbling. We prefer to be right. But we are wrong whenever we act out of our character defects, whenever we live in our self-centeredness, or whenever we harm others. For example, we are wrong when we blame other people rather than accept responsibility for what we have done, when we try to get away with something rather than own up to it, when we lie to protect ourselves or our image. We are wrong when we are judgmental, self-righteous, or demanding. Step Ten asks us to **promptly** admit when we are wrong. A prompt admission is more effective than a delayed one in helping us acknowledge our negative behavior and to change it. A prompt admission is also more effective in defusing the anger that our inappropriate behavior has caused in others. The prompt admission we make is an amend, but the amend we need to make may also involve reparations, as with Step Nine. We may have to repair the damage we caused. Why are these amends so important? Because Twelve Step programs are programs of spiritual development. Spiritual growth requires that we be honest about who we are and what we have done. It requires that we acknowledge our past behavior which has injures others, repair the damage that behavior has caused, and then not behave that way again. An essential part of understanding the amends process is to recognize that a complete amend includes **not repeating the same behavior**. The amends and the apologies we made in the Ninth Step mean little if we do not change the way we behave. It is for this reason that Step Ten follows Step Nine. It keeps us from repeating the wrongs of the past. Despite all the good effects of this Step, we resist it. Why? Part of the answer may be that we resist humility and the deflation of our egos that accompanies it. As the Twelve Step saying goes, we still **“want what we want when we want it.”** There is another concept connected with Step Ten that is often difficult for the newly recovering person to understand: **“It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong with us.”** We are so used to blaming others for the way things are or the way we feel, that it seems strange, at first, to think that we might be the cause of our own unhappiness. How can we be the problem? The AA Twelve and Twelve names several causes of this self-disturbance: “justifiable” anger, resentments, jealousy, envy, self-pity, and hurt pride. Only when we understand the source of our unhappiness, can we do something about it. **“A spot-check inventory taken in the midst of such disturbances can be of very great help in quieting stormy emotions.”** A quick phone call to our sponsor can help too. One of the most often quoted lines in the AA Big Book appears in the discussion on Step Ten: **“We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition.”** The same “daily reprieve” is part of recovery in other Twelve Step Fellowships as well. The Big Book says, “Every day is a day when we must carry the vision of God’s will into all of our activities. ‘How can I best serve Thee— Thy will (not mine) be done.’ These are thoughts that must go with us constantly.” God’s will for us as recovering people, most of us have determined, includes the removal of our character defects. An ongoing self-appraisal, a daily inventory, and the amends we need to make constitute the footwork we do toward the removal of our defects of character. Step Ten is applied

Go to Page 3

STEP TEN

The key to understanding the Tenth Step is the word **continued**. After we have finished working the first nine Steps, there is really nothing new, but instead there is a continuous working of what we have already done. If we go back through the Steps, we see that the first personality change occurs after Step 4: “We have begun to learn tolerance, patience and good will toward all men, even our enemies.” (Big Book, p.70) And then we get a lot of growth after Steps 5 and a lot of growth again after Step 9. All the growth will come through the action Steps. We don’t get any real growth out of identifying the problem in Step 1 or finding the solution in Step 2. Step 3 is just a decision, and we don’t get any growth from making a decision. All the real growth comes from Steps 4-9. If we examine Step 10, we see it is a continuous practicing of those Steps (4-9) on a daily basis. There is no way we could enter a program like this and remain the same. The Big Book tells us to continue to watch for selfishness, dishonesty, resentment and fear, and we discovered those things in the Fourth Step. When we find them, we discuss them with another person, which is Step 5. We asked God to remove them, which is Steps 6 and 7, and if we have harmed anyone, we make amends, which is Step 9. **So really Step 10 is a continuous practicing of Steps 4-9 on a daily basis.** As we practice these Steps over and over, we will learn more and more about ourselves. We will see more and more character defects, and as we discuss them with someone else in Step 5, we will learn more and more. (Big Book, p. 83) As we ask God to remove them, they will become less and less. As we make amends to other people, our relationships with other people will grow better and better. When we finish Step 9 we get the Promises. For all intents and purposes we have recovered. We have put our lives in order. The Big Book talks about the three dimensions of life: the spirit, the mind, and the body. The Big Book gives us a design of living. Most people don’t understand that life does have a design.

Joe McQ (of the Big Book Study Tapes)

OPPORTUNITY TO WORK WITH SOME ACTIVE ALCOHOLICS TO HELP FIND RECOVERY

There is an Open AA meeting, Wednesday 7:30pm at Tampa Hope located at 3704 East 3rd Avenue, Tampa. Tampa Hope is a homeless transitional housing facility. Access is controlled by a gate guard. For anyone wanting to attend the meeting, please call John T. at 850-855-9757 no later than 5pm on the day of the meeting **NOTE:** The first meeting at Tampa Hope was held on Saturday March 5th. Saturday afternoon meetings were held each week up to May 7th. Meeting attendees asked that the meeting day and time be changed to a weekday evening. Wednesday 7:30pm meetings were held on May 11th and 18th.

Don’t just Talk the Talk—Try Walking the Walk....



District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

CONTACT---(877) AATAMPA or (877) 228-2672

Mike B. opened the October 10, 2022, TBAIC Zoom meeting with the Declaration of Unity. Attendees: Mike B., Scott S., John O., Tom F., Rich R., Sara R., Jason C., Jonathan C., Aaron M., Karen R; and John T. Mike B. presented the chair report. Mike B. said the District 2 Carry the Message event is next Saturday (October 15th). He said he will not be able to attend because of a family situation. He said John O. and John T. will attend and present information about TBAIC and solicit volunteers. Mike said he would be attending the District 2 Gratitude Dinner which is November 5 th. He said the committee display would be set up at that event. Mike said the Area 15 quarterly meeting at Sanibel was cancelled due to Hurricane Ian. He said a one-day meeting will be held on November 6th in Sebring. The morning session will be committee meetings and the afternoon session will be the area business meeting which will feature elections of new trusted servants. Mike said he had a flyer for that meeting and a list of hotels in that area. Rich R. said all the hotels rooms have been sold out. Mike said he planned to commute to the event and not to stay overnight. John T. asked if there were any questions or comments regarding the September minutes. Nothing was mentioned. The minutes were approved. Scott S. presented the treasurer's report. The current Pink Can balance is \$9,3331.12. Operating expenses totaled \$532.08. The report was approved. Scott asked that groups be reminded to put their group number on any checks sent to him and also to specify whether they want a hard copy of the thank you letter sent via US mail or an electronic copy sent via e-mail. INSTITUTION MEETINGS UPDATES Treatment facilities meetings: □ John T. said the Service Opportunities listing he sent out contains various needs for volunteers at several facilities. He said he will continue to update and disseminate the listing. He mentioned that there have been numerous people express interest in doing service work, but many are not interested in making a commitment to a specific meeting. He said he would continue to solicit volunteers and asked if anyone had suggestion. Jason C. mentioned how he has gotten volunteers for the River Oaks and True Core meetings which included asking for volunteers at various meetings he attends. John said he would try that but said he was limited since he did not attend meetings in Tampa. □ ACTS Transitional Housing and Veteran Services (Drew Park). The 164 Group in Tampa has agreed to sponsor that meeting and to use volunteers from their group. They held the first meeting this week and brought Big Books from their group to use at the meeting since there were none at the facility. The group contact said they will continue to do that and will let the committee know if they have any literature needs. □ ACTS Detox, ACTS Amethyst and Salvation Army. John T. said all three facilities have a need for Big Books. John said the supply of mini-Big Books has been depleted and none are available at the central office, and it is not known when a new shipment will arrive. John proposed buying at least 10 hard or soft copies of the Big Book for each facility. Several attendees mentioned that we should provide a case of books to each facility. John said he would buy a case of hard copy Big Books (20 books) and provide one case to each facility. He said the total cost for the 60 books would be \$553.50. No one objected to that action. □ River Oaks. Jason C. said River Oaks continues to have three meetings per week with plenty of volunteers willing to chair and/or attend meetings. He said the monthly Sponsor Jam is going well. He said names and phone numbers of individuals willing to sponsor are added to the list and the list is provided to patients. □ White Sands Tampa. John O. said an additional meeting was started on Thursday at 6PM. He said Mike A. who chairs a meeting at ACTS Detox has volunteered to chair this meeting. Corrections facilities meetings: □ True Core Behavioral. Jason C. which said 4 female volunteers have been cleared to attend meetings and 6 others have paperwork in process. He said he and one other volunteer are the only men cleared to attend meetings. Meetings are being held on Saturday at 11am and Sunday at 2pm. He said additional volunteers are welcome. □ Falkenburg Road Women's Jail -

Sara R. said . meetings are going well and there are enough volunteers to cover meetings. She said additional volunteers are welcome. □ Falkenburg Road Men's Jail - Rich R. said attendance at meetings increased since the meeting time was changed to Friday afternoon. He said a third man was added to the volunteer rotation □ Zephyrhills CI -Tom F. said he has still not been granted access to the facility. He said the denial was related to problems with the new volunteer registration system being used by the Department of Corrections. He said he will continue to work the issue to re-gain access to the facility. He said other volunteers been allowed in the facility but none of them live in District 2. He said they come from either District 1 or 15. He said additional volunteers from District 2 are needed. Bridging the Gap - John T. said Tracy S. reported that Ring Central had 5 calls in September. All calls were returned. One individual was already in a meeting, 3 others were given meeting app information. One other caller needed a ride that day - Carmen on the BTG list returned her call and discussed options. John T. said he received 2 calls. One was resulted from an e-mail sent to the central office from a female being released from Pasco Women's Jail. Tracy B. was able to contact the individual and get her to a meeting. The other call was received via Aaron M. for a female being released from ACTS Detox. The call back number was in ACTS Detox. When female volunteer returned call, facility staff member took a message for individual to call the volunteer, but no call back was received. John said it is probably a good idea to tell people to not use phones within facilities unless they are certain they will be able to answer the call back. He said the HIPAA rules prevent staff from identifying any patient in the facility. Man on the Bed - Tom F. said 5 calls from Tampa General. Contact was made with 2 of the 3 females and 1 of the 2 males. They were provided AA information. The male has started to attend meetings. OLD BUSINESS: □ Tampa Residential Reentry Center (RRC). John T. said he was somewhat certain that Tom F. purchased literature and provided it to the director. John O. said he had not had any recent contact with RRC personnel. □ Carry the Message event and Gratitude Dinner. See comments under Chair Report □ Zoom or In Person Meeting. Mike B. said some of those present at this meeting were not present at the last meeting and he asked if anyone objected to holding the committee meeting via Zoom. No one objected which means meeting will continue to be held via Zoom. NEW BUSINESS: □ Elections. Mike B. said his 2-year term as committee chair would be ending soon. He said he intends to rotate to another service position. He said elections for committee chair and other committee positions (secretary, treasurer, and meeting coordinator) will be held at the November 12th committee meeting. □ TBAIC Display Board. John O. asked for \$150 to cover the cost of making a new TBAIC display board. He said he had enlisted the help of other AA members and they decided to create a display board like the pop-up display made by the PICPC committee several years ago. He said he did not have an exact cost, but he believed \$150 to would cover it. No one objected to this. □ Updating TBAIC Website. Several comments were made about improving the TBAIC website to allow better access to individual looking for service opportunities. No definite actions were mentioned other than to engage the current website manager in discussions related to changes. The meeting adjourned with the Responsibility Statement and the Lord's Prayer. The next TBAIC meeting will be Saturday, November 12th, at 9:30 AM via Zoom.

ADMITTING IT WHEN WE ARE WRONG....continued from Page 1

daily. It is never “worked” in the past tense; it is always “being worked” in the present tense. In combination with the Eleventh Step, Step Ten is the primary mechanism for keeping our egos in check and our self-will restrained. Excuses to avoid working Step Ten come easily. The best defense against slacking off is self-discipline, prayer, and a sponsor who will help monitor our application of this Step. Step Ten is a combination of taking an inventory regularly and promptly admitting when we are wrong. Some of us are tempted to ignore the inventory part and concentrate on admitting it when we are wrong. But the Step consists of both parts. We are not working the Tenth Step unless we are doing both. We learn to work Step Ten by working it over and over. A daily working of Step Ten is a habit to be developed, and habits are developed by repetition.

From the book Twelve Step Sponsorship by Hamilton B.

*

Now that we’re in A.A. and sober, and winning back the esteem of our friends and business associates, we find that we still need to exercise special vigilance. As an insurance against “big-shot-ism” we can often check ourselves by remembering that we are today sober only by the grace of God and that any success we may be having is far more His success than ours.

Twelve & Twelve p. 92

HELPING OTHERS

We’re in A.A. for only two reasons, to keep sober ourselves and to help others to keep sober. It’s a well known fact that helping others is a big part of keeping sober yourself. It’s also been proved that it’s very hard to keep sober all by yourself. A lot of people have tried it and failed. I know a man that came to two A.A. meetings and after that he stayed sober alone for several months. But he fell off the wagon with a bang and was drunk the next time I heard of him. We can’t do it alone. Fellowship is part of keeping sober. The doctors call it group-therapy. We never come into an A.A. meeting without taking something out of it. Sometimes I don’t feel like going to a meeting and I think of excuses for not going. But I usually end up by going anyway. And I always get a lift out of every meeting. To me, meetings are part of keeping sober. We get more out of a meeting if we contribute something to it. If you get up in a meeting and tell something about yourself in order to help the other fellow, you feel a whole lot better. It’s the old law of the more you give, the more you get. Witnessing and confession are part of keeping sober. You never know when you may help somebody. A girl whom I didn’t know when stopped me on the street and said she’d heard me talk in a church and wanted to tell me that her brother who’s an alcoholic had found sobriety down in New Jersey somewhere. When you are taking another alcoholic to a hospital, you can’t help putting yourself in his place. But for the grace of God, you’d be in his place. Helping others is the best way to stay sober yourself. And the satisfaction you get out of helping a fellow human being is one of the finest experiences you can have.

**Richmond W. / FOR DRUNKS ONLY /
Author of the Twenty-Four Hours A Day**

NO MUSTS’ IN AA?

How can any member of Alcoholics Anonymous say there are no musts in AA after reading the following direct quotations from our book *Alcoholics Anonymous*? Page xxiii: (letter from William D. Silkworth, MD) “As part of his (co-founder Bill W.’s) rehabilitation he commenced to present his conceptions to other alcoholics, impressing upon them that they *must* do likewise with still others.” Page xxiv: “In this statement he (Dr. Silkworth) confirms that we who have suffered alcoholic torture *must* believe...that the body of the alcoholic is quite as abnormal as his mind.” Page 14 (Bill’s Story): “I *must* turn in all things to the Father of Light who presides over us all.” Page 43: “The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense *must* come from a Higher Power.” Page 85: “Every day is a day when we *must* carry the vision of God’s will into all our activities....These are thoughts which *must* go with us constantly...But we *must* go further and that means more action.” Page 86:we *must* be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others.” Page 95: “If he is to find God, the desire *must* come from within.” Page 130: “We have come to believe He would like us to keep our heads in the clouds with Him, but that our feet ought to be firmly planted on earth. That is where our fellow travelers are, and that is where our work *must* be done.”

Anonymous, Waukegan, Ill./Permission/AA Grapevine/1981

Editors Note: Here are a few more:

Page: 62: Above everything, we alcoholics *must* be rid of this selfishness. Page 69: We *must* be willing to make amends where we have done harm, provided that we do not bring about still more harm in doing so. Page 93: To be vital, faith *must* be accompanied by self sacrifice and unselfish, constructive action. Page 73: We *must* be entirely honest with somebody if we expect to live long or happily in this world. Page 74: The rule is we *must* be hard on ourself, but always considerate of others. Page 100: Both you and the new man *must* walk day by day in the path of spiritual progress.

Need I say anymore ☺

**District 2 - Tampa Bay Area Institutions
Committee covering Hillsborough & East Pasco
Counties**

Pink Can Drive
Our committee is 100% self-supporting

TBAIC Contributions (September 11th through October 8th):
Came To Believe Group - \$54.05, Keep It Simple, Pass It On Group - \$122.20, New Beginnings Group-Our Club - \$50.00, Ruskin Fellowship - \$51.00, Sober on Saturday - \$20.00, Town & Country Wednesday Group - 13.77.

YTD Contributions to TBAIC	\$ 11,899.55
Pink Can Balance 12/31/20	\$ 11,178.49
YTD Money Spent on Literature	\$ 11,962.94
YTD Operational Expenses	\$ 1,783.98
Pink Can Current Balance 07/12/22	\$ 9331.12

NOTES FROM INSIDE THE CENTRAL OFFICE

September 13th, 2022 the Board of Directors for Central Office
BOARD MEMBERS REPRESENTING GROUP

AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK
JOHN T.	TREASURER	LIVING SOBER/PASS IT ON GROUP
RITA Y.	BOARD MEMBER	OLD SCHOOL GROUP
TOM F.	BOARD MEMBER	KEYSTONE GROUP
BRIAN L.	Excused Absence	BARRACKS BRIGADE GROUP
LINDA B.	BOARD MEMBER	JUST WHAT I WANTED GROUP
CHRIS S.	BOARD MEMBER	RUSKIN FELLOWSHIP GROUP
OPEN	BOARD MEMBER	
OPEN	BOARD MEMBER	
OPEN	BOARD MEMBER	

Al opened the meeting with a moment of silence followed by the Serenity Prayer. (Because of time restraints the Board & Council meeting has been combined.) Board Members present: Al B., Rita Y., John T., Brian L., Tom F., Linda B. & Chris S. **Secretary Report:** Tim read the August Secretary report. Motion to approve & seconded & accepted. **Treasurers Report:** Tim presented the August Treasurer’s Report. Contributions in August totaled \$5,622.43. This accounts for what 32 Groups or Individuals in our area have contributed in August, also included is \$350.13 from 6 Groups or Individuals who made contributions through PayPal. Included, also, \$79.00 from 2 members for the Birthday Club. Our literature sales for August was \$8,772.82. This includes sales from A.A. material and non-A.A. material (medallions—etc.) Our total income for August was \$14,395.25. Our Total Cost of Goods Sold was \$6,814.94. Subtracting the Total Cost of Goods Sold from our August income left us with a Gross Profit of \$7,580.31. Our Total Expenses for August were \$8,940.51. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$876.42 for the month of August. Old Business: None New Business: None Announcements : Nancy from OSG announced Traditions Workshop—Nancy from Hide-a-Way Group announced the passing of Clark W.—Frank from the Sobriety Group announced a Celebration of Life for Blind Bernie—John from Great Way to Start the Day Group announced their new meeting time is now 7:30 am Monday thru Friday—Anna from 164 Group asked about any updates on new literature—Linda from Just What I Needed Group about Gene L., Brad replied that he is at home recovering but doing well and Tom for TBAIC, still need volunteers to fill in the gaps, new work release center may be opening up, no definite information released for now. A motion to close was made, seconded and approved. Meeting ended with the Lord’s Prayer. The next Board & Council Meeting will be October 11th, 2022 at 7:00 pm on ZOOM Timothy S. Office Manager/Secretary for the Board & Council

You can be a Central Office supporter by participating in the Birthday Plan. Send in your Name, Sobriety Date, name of Home Group and \$ 1.00 for each Year you have been sober and we will post your name in our special column reserved for Central Office supporters. It’s probably no real big deal in the larger scope of life but your dollars do help us to be able to sometimes give away free literature, pamphlets, pay our staff, keep the lights and telephone on and a multitude of other things that help us to carry the message.

September 13th, 2022 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

If you attended the Meeting but not listed below, we didn’t catch your info in the chat—follow up with an email to aainfo@aatamapa-area.org

JEFF P.	TAMPA BAY YOUNG PEOPLE’S GROUP
CATHY C.	SIMPLY SOBRIETY WOMEN’S GROUP
CAROLINE G.	TAMPA GROUP
EMMA D.	NEXT DOOR GROUP
BRAD W.	TAMPA NIGHTLY NEWCOMERS GROUP-Z
NANCY G.	HIDE-A-WAY GROUP
MIKE C.	SERENITY GROUP—ZOOM
DEBBIE S.	TO IMPROVE OUR CONSCIOUS CONTACT
DAVID S.	SOBER @ 7 GROUP
ROBERT M.	NEW TAMPA MONDAY MEN’S GROUP
RANDELL D.	KINGSWAY GROUP
CARL L.	KEEP IT SIMPLE MEN’S GROUP
FRANK L.	SOBRENITY GROUP
NANCY A.	OLD SCHOOL GROUP
KARA H.	LANGUAGE OF THE HEART GROUP
MAYLEEN	THE 164 GROUP
TERESA H.	SISTERS IN SOBRIETY GROUP
ANDREW D.	THE PROMISES GROUP
CORINNE B.	WOMEN’S FRIDAY FRIENDSHIP GROUP
JOHN L.	GREAT WAY TO START THE DAY GROUP

**TAMPA BAY FALL ROUNDUP:
September 2nd thru September 5th, 2022**

We would like to take this time to thank the Committee and Volunteers of the Tampa Bay Fall Roundup for allowing us to be a part of their event over the Labor Day Weekend. Jeff R. from the Tampa Saturday Night Speakers Group along with his group of volunteers took many items (Big Books, coins, etc) from the Central Office to sell at the Roundup, since I could not be out there representing Central Office. Although I couldn’t be there, I heard it was a very enjoyable event and I’m waiting to get my speaker cd’s so I can get to hear the message from the wonderful speakers they had. Jeff and his crew sold \$745.73 worth of merchandise, which we greatly appreciate. Thanks Jeff and the Crew. Also, we received a contribution of \$700.00 from the Roundup. Thank You Gene, Sue and the Tampa Bay Fall Roundup Committee. One of the many highlights of the event was the auctioning off of a First Edition Big Book 13th Printing which went for \$1000.00. Congrats to the winner. If you were unable to go this year, start making plans now, throw extra change in your piggy bank so you can have plenty of money saved up to attend next year. Take some newcomers with you so they can experience the joy of meeting and making new friends in sobriety. **“ If newcomers could see no joy or fun in our existence, they wouldn’t want it. We absolutely insist on enjoying life.”**
That’s what the Roundup means to me.
Thanks TBFR for being there. ☺🙌

ANNIVERSARY TIME

It Works-It Really Does—Ask them how they did it!!!

SELF-SUPPORT-SEPTEMBER, 2022

GROUP	Honors To	Date	Years
SATURDAY NIGHT LIVE	MARY R.	10/21/83	39 YRS39
SUNSHINE GROUP	SINIA P.	10/28/11	11 YRS
RUSH HOUR GROUP	ROSE C.	10/15/84	38 YRS
SOBER @ 7 GROUP	BETTY E.	10/08/09	13 YRS
SOBER @ 7 GROUP	RICHARD R.	10/01/74	48 YRS
GRAPEVINE GALS	ANGELIA D.	10/23/10	12 YRS
BARRACKS BRIGADE	JOSE M.	10/10/03	19 YRS
OLD SCHOOL GROUP	JUDY G.	10/31/84	38 YRS
KEYSTONE GROUP	ED D.P.	10/17/05	17 YRS
KEYSTONE GROUP	ALEX	10/11/90	32 YRS
KEYSTONE GROUP	GUY S.	10/24/88	34 YRS
KEYSTONE GROUP	MITCH S.	10/22/87	35 YRS
KEYSTONE GROUP	TOM F.	10/19/81	41 YRS
FRIDAY FRIENDSHIP	SUE I.	10/16/13	9 YRS
FRIDAY FRIENDSHIP	MEGHAN M.	10/31/10	12 YRS
FRIDAY FRIENDSHIP	DOTTY R.	10/10/10	12 YRS
FRIDAY FRIENDSHIP	MAURA	10/04/04	18 YRS
LIVING SOBER/AS BILL SEES IT	CHRIS D.	10/17/08	14 YRS
LIVING SOBER/AS BILL SEES IT	JEFF B.	10/10/05	17 YRS
MUSTARD SEED GROUP	MARTIN G.	10/17/13	9 YRS
RIVERSIDE GROUP	JEFF C.	10/21/96	26 YRS
RIVERSIDE GROUP	JOAN P.	10/08/91	31 YRS

© Today in September of 2022 COVID has changed the way many groups contribute to the Central Office. Some groups have remained steady in their contributions, some groups have gone to ZOOM, A few ZOOM groups have made some contributions and some groups are Hybrid (in-person & ZOOM), other groups have folded for a lack of a space to have their meeting and some new groups are starting up, and now many groups are getting back to normal pre-pandemic live meetings. Things are looking up and getting better. It's certainly a time to renew our efforts and practice the meaning of the Serenity Prayer a little bit more. We currently have 198 Groups in the Hillsborough-East Pasco area with around 520 meetings weekly. Also we have 38 Zoom Groups with 113 meetings weekly (If I counted correctly). Contributions in September totaled \$5,058.44. This accounts for what 25 Groups or Individuals in our area have contributed in September, also included is \$729.04 from 7 Groups or Individuals who made contributions through PayPal. Included, also, \$150.00 from 4 members for the Birthday Club. Our literature sales for September was \$2,641.68. This includes sales from A.A. material and non-A,A, material (medallions—etc.) Our total income for September was \$7,700.12. Our Total Cost of Goods Sold was \$1,914.65. Subtracting the Total Cost of Goods Sold from our September income left us with a Gross Profit of \$5,785.47. Our Total Expenses for September were \$8,413.09. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$2,627.62 for the month of September. We still have a good Prudent Reserve, all our bills keep getting paid, the lights are on, we have a decent amount of literature available, the phones are working and it looks like 2022 just might be a better year to look forward to. Thank you for your support of the Central Office. Thank You!!!O.M. tws:)

**NOTE: New Mailing Address for contributions to New York General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407**

**A BIRTHDAY CLUB SUPPORTER TO
CENTRAL OFFICE
ONE DOLLAR OR MORE FOR EACH YEAR OF SOBRIETY**

Home Group	Honors To	Date	Years
BARRACKS BRIGADE	JOSE M.	10/08/03	19 YRS
SISTERS HOUSE	JANE A.	10/03/81	41 YRS
SOBRENITY GROUP	MICHAEL McA	09/28/74	48 YRS

Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members. Thanks to everyone for your continued support!!Become a part of Central Office....volunteer to be a Central Office Representative for your Home Group.

**That's 632 Years of Sobriety!
Someone is definitely doing something right !
Search out these people and find out their
secret. ☺**

ALCOHOLICS ANONYMOUS HAS NO OPINION ON OUTSIDE ISSUES; HENCE THE A.A. NAME OUGHT NEVER BE DRAWN INTO PUBLIC CONTROVEROVERSY.

**WE ARE NOT A GLUM LOT LET US ALWAYS REMEMBER RULE 62
THIS YEAR LET US LAUGH AT OURSELVES FIRST
INSTEAD OF OTHERS**

MORE NEWS AROUND THE TOWN & THE AREA

TAMPA SATURDAY NIGHT SPEAKER MEETING

AT ST. CATHERINE'S OCTOBER 29TH, 2022

****AA CIRCUIT SPEAKER KELLY B.****
(TREASURE ISLAND STEPPERS)

INTRODUCING A NEW LOCATION

➤ - St Catherine's Church
502 Druid Hills Road Tampa FL 33617

Music and a Free BBQ 6 pm

AA Speaker Kelley B - 7 PM

Plenty of seats (225) for this open AA Speaker Meeting
All are Welcomed- All Ages

aa.stcatherines@yahoo.com

Carry The Message Service Fair & Chili Cook Off

10-15-2022 1-3 PM

~1st Place Award~

For the most
popular chili

~Prize Basket~

Game played

~Speaker Meeting~

BOOTH SET UP &

CHILI DROP OFF

NOON—1 PM

MAIN EVENT

1PM—3PM



Hosted by: District 2

October 15, 2022

Club Yana 209 S. Tampania Ave. Tampa Fl, 33609

Halloween Party

Oct. 28th 2022

7pm – until you're spooked

Pot Luck Sign up

Costume Contest Children & Adult starting at 7:45pm

Enter to win a Fangtastic gift card!

50/50 raffle at 8:30pm

Must be present to win - Barracks

38418 2ND Ave
Zephyrhills, FL 33542

District 2 Annual
Gratitude Dinner



benefiting General Service Office

GRATITUDE IS KEY

Sat. Nov. 5, 2022

Doors open at 5 pm; Dinner at 5:30 pm
at New Hope United Methodist Church
213 Kings Ave., Brandon, FL 33510

CAKE WALK
50/50
TWO SPEAKERS

TICKETS \$20



scan QR code
or go to aatampa.org

For more information, contact Wendy (434) 566-8182
or Amy (813) 966-1189

