



# Tri-County Central Office News

Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers.

A Monthly Newsletter of the Tri-County Central Office, Inc.  
8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763  
Phone: 813- 933-9123 E-Mail: [aainfo@aatampa-area.org](mailto:aainfo@aatampa-area.org)  
Web Site: [www.aatampa-area.org](http://www.aatampa-area.org)

May, 2023

## STEP FIVE

**Admitted to God, to ourselves and to another human being the exact nature of our wrongs:** This is perhaps difficult, especially discussing our defects with another person. We think we have done well enough in admitting these things to ourselves. There is doubt about that. In actual practice, we usually find a solitary self-appraisal insufficient. Many of us thought it necessary to go much further. We will be more reconciled to discussing ourselves with another person when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only *thought* they had lost their egoism and fear; they only *thought* they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else *all* their life story. More than most people, the alcoholic leads a double life. He is very much the actor. To the outer world he presents his stage character. This is one he likes his fellows to see. He wants to enjoy a certain reputation, but knows in his heart he doesn't deserve it. The inconsistency is made worse by the things he does on sprees. Coming to his senses, he is revolted at certain episodes he vaguely remembers. These memories are a nightmare. He trembles to think someone might have observed him. As fast as he can, he pushes these memories far inside himself. He hopes they will never see the light of day. He is under constant fear and tension - that makes for more drinking. Psychologists are inclined to agree with us. We have spent thousands of dollars for examinations. We know but few instances where we have given these doctors a fair break. We have seldom told them the whole truth nor have we followed their advice. Unwilling to be honest with these sympathetic men, we were honest with no one else. Small wonder many in the medical profession have a low opinion of alcoholics and their chance for recovery! We must be entirely honest with somebody if we expect to live long or happily in this world. Rightly and naturally, we think well before we choose the person or persons with whom to take this intimate and confidential step. Those of us belonging to a religious denomination which requires confession must, and of course, will want to go to the properly appointed authority whose duty it is to receive it. Though we have no religious connection, we may still do well to talk with someone ordained by an established religion. We often find such a person quick to see and understand our problem. Of course, we sometimes encounter people who do not understand alcoholics. If we cannot or would rather not do this, we search our acquaintance for a close-mouthed, understanding friend. Perhaps our doctor or psychologist will be the person. It may be one of our own family, but we cannot disclose anything to our wives or our parents which will hurt them and make them unhappy. We have no right to save our own skin at another person's expense. Such parts of our story

## From the Foreword of the 12 & 12:

"A.A.'s Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which A.A. maintains its unity and relates itself to the world about it, the way it lives and grows." **We Only Have One Purpose:** It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away. This Tradition delineates pretty clearly our individual primary purpose, as well as the group's. Each of us is but a small part of the whole, but by joining AA's primary purpose to our own, we become something bigger than our individual selves. *Am I willing to surrender my old primary purposes?* To work this tradition means that I am willing to say "yes" to this question and rearrange the rest of my priorities. Devoting myself to a new primary purpose means that I am willing to let go of many old ideas. I have many thinking patterns that are automatic that I need to change in order to consecrate myself to a new primary purpose. The relationship of the fifth step to the fifth tradition is that the fifth step taught me the exact nature of my wrongs, "I'm not in charge." In the fifth tradition I learned just the opposite, I learned what my exact nature should be: my talent to carry the message to the alcoholic who still suffers, my primary purpose. In the fifth step I learned what's wrong about me and in the fifth tradition I learned what's right about me. What's right about me is my ability to carry the message when no one else can because of the experiences that I have had which were transformed into a message of hope in the fifth step. My alcoholism is my greatest talent, not my talents as a husband, father, son, or my job. I can fulfill my primary purpose for being born by carrying the message to the alcoholic who still suffers.

(Excerpts from the text above come from the Traditions Study developed by the Unity Insures Recovery Through Service A.A. Group, Los Angeles, CA.)

## 12 REWARDS OF THE 12 STEP PROGRAM

1. **Hope instead of desperation.**
2. **Faith instead of despair.**
3. **Courage instead of fear.**
4. **Peace of mind instead of confusion.**
5. **Self-respect instead of self contempt.**
6. **Self-confidence instead of helplessness.**
7. **The respect of others instead of their pity and contempt.**
8. **A clean conscience instead of a sense of guilt.**
9. **Real friendships instead of loneliness.**
10. **A clean pattern of life instead of a purposeless existence.**
11. **The love and understanding of our families instead of their doubts and fears.**
12. **The freedom of a happy life instead of the bondage of an Alcoholic obsession.**

**The task ahead of us is never as great as the Power behind us.**

Go to Page 3

**District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties**

**CONTACT---(877) AATAMPA or (877) 228-2672**

TBAIC SECRETARY REPORT 23/04/08 Chair Report - The meeting opened at 9:30 AM with the Declaration of Unity. Followed by the attendees introducing themselves. Jonathan C. started with his report saying that he attended the district meeting where he covered items that were to be discussed at the upcoming General Service Conference in New York. Secretary Report - Tom F. thanked John T. for handling the Secretary duties while he was away at a retreat. He then read the report produced by John, it was accepted as read without any changes to it. Treasurer Report - John T. gave the Treasures report. He started by saying the current "Pink Can" balance was \$8,346.52. We received a total of \$1,505.90 from seven different groups. Our expenses for the month besides literature were as follows: \$50.00 to central office for use of their space to store our literature; \$226.00 P.O. Box Annual Renewal; \$127.12 to Ring Central SMS registration. Literature cost for the month was \$122.90. Some discussion occurred on how to spend the surplus funds Treatment – There was a lengthy discussion about supporting the meeting at the Cove on 50th Street which is a homeless shelter. It was decided that an open-ended effort should be made to support this group in sort of an unofficial way. All meetings are being covered now, except for a meeting at ACTS Amethyst group and one meeting at ACTS Detox. New Beginnings is not staffed yet primarily because they only want an ex-vet with PTSD to run the meeting. Detention Centers - Rich R. and Sarah R. said that all was going well at the said all was going well at Falkenburg Road Jail. Both Rich and Sarah had to attend an orientation on the day of the meeting. Tom F. said all is going well at Zephyrhills CI. He also reported that that he attended the meeting at GEO and that they want to start a meeting but as, yet the day and time is not certain nor do they have an idea as to who is eligible to do the meeting from a background standpoint. Man on the Bed – Tom F reported had 6 calls since the last meeting. Four were for men and two for women. Bridging the Gap – John T reported Tracy S had 66 calls and John T. had responded to 3 of the 6 calls. Mike B also responded to one he got from the General Service Office in New York. Discussion occurred about the possibility of setting up text messaging service for Bridge The Gap. New Business - A resolution made and approved to reimburse TBAIC board members traveling to the area assembly. The meeting closed at 11:20 AM with a recitation of the Responsibility Pledge followed by the Lord's Prayer.

**Our Next Committee Meeting**  
**May 13th ,2023** 9:30 am on **ZOOM**. Contact us at **www.tbaic.org** for more information. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

**Pink Can Drive**  
 Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ...  
 We will put it to great use!  
**TBAIC, PO Box 26242, Tampa FL 33623**

**Thank you to those groups who have sent in a donation last Month:**

**Contributions: March 11th through April 8**  
 301 House - All Groups \$109.00, Come As You Are \$15.00, Hide A Way Group \$300.00, Living in the Solution \$15.00, Meeting Place \$411.90, Saturday Night Fever Group \$645.00, Sober on Saturday \$10.00

<b>YTD Contributions to TBAIC</b>	<b>\$ 5,782.84</b>
<b>Pink Can Balance 12/31/22</b>	<b>\$ 8,063.62</b>
<b>YTD Money Spent on Literature</b>	<b>\$ 3,794.44</b>
<b>YTD Operational Expenses</b>	<b>\$ 1,705.50</b>
<b>Pink Can Current Balance 01/07/23</b>	<b>\$ 8,346.52</b>

<b>www.tbaic.org</b>	
<b>Position</b>	<b>Name</b>
<b>Chair</b>	<b>Jonathan C.</b>
<b>Chair (Alt.)</b>	<b>Mike B.</b>
<b>Treasurer</b>	<b>John T.</b>
<b>Secretary</b>	<b>Tom F.</b>
<b>Hillsborough County Jail</b>	<b>Buddy H. (Men's)</b>
<b>Hillsborough Women's Jails</b>	<b>Sara R. (Women's)</b>
<b>Pasco Jail-Women's</b>	<b>Tracy B.</b>
<b>Treatment Coordinator</b>	<b>John T.</b>
<b>Bridging the Gap</b>	<b>Tracy S.</b>
<b>Man on the Bed</b>	<b>Tom F.</b>
<b>Zephyrhills CI</b>	<b>Tom F.</b>

**The Corrections Committee needs all types of volunteers. They need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated. Let's face it: many of us who should have or never have been arrested just never got caught!**

**STEP FIVE...continued from Page One**

we tell to someone who will understand, yet be unaffected. The rule is we must be hard on ourself, but always considerate of others. Notwithstanding the great necessity for discussing ourselves with someone, it may be one is so situated that there is no suitable person available. If that is so, this step may be postponed, only, however, if we hold ourselves in complete readiness to go through with it at the first opportunity. We say this because we are very anxious that we talk to the right person. It is important that he be able to keep a confidence; that he fully understand and approve what we are driving at; that he will not try to change our plan. But we must not use this as a mere excuse to postpone. When we decide who is to hear our story, we waste no time. We have a written inventory and we are prepared for a long talk. We explain to our partner what we are about to do and why we have to do it. He should realize that we are engaged upon a life-and-death errand. Most people approached in this way will be glad to help; they will be honored by our confidence. We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe. Returning home we find a place where we can be quiet for an hour, carefully reviewing what we have done. We thank God from the bottom of our heart that we know Him better. Taking this book down from our shelf we turn to the page which contains the twelve steps. Carefully reading the first five proposals we ask if we have omitted anything, for we are building an arch through which we shall walk a free man at last. Is our work solid so far? Are the stones properly in place? Have we skimmed on the cement put into the foundation? Have we tried to make mortar without sand? If we can answer to our satisfaction, we then look at *Step Six*.

Permission to Reprint: A.A. World Services  
**Want to learn more? Start on page 76 of the Big Book.**

**CONCEPTS CHECKLIST**

1. Do we encourage the minority opinion, the "Right of Appeal," to be heard at our home group, district committee meetings, area assemblies and the Conference?
2. What does our group accept as "substantial unanimity\*?"
3. Has our group experienced the "tyranny of the majority" or the "tyranny of the minority"?
4. Does our group understand the importance of all points of view being heard before a vote is taken?

\* **u·na·nim·i·ty** (yoōnə'nimədē) [noun] agreement by all people involved; consensus

**For Peace of Mind:**

\*Sober Up \* Clean Up \* Stand Up \* Stay Up \* Attend Meetings

**TRADITIONS CHECKLIST**

*These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.*

(The 12 Traditions were created to help each A.A. group maintain unity and relate better to the world about us. With that in mind, they have been widely used in helping us learn how to be in better relationships with everyone in our life. Below is a snapshot inventory you can take to see how well you are honoring the spiritual principle found in this Tradition.)

**Tradition Five:** Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

**Reprint Permission/ AA Grapevine**



**I am responsible.**  
When anyone, anywhere,  
reaches out for help, I want  
the hand of AA always to be there.  
And for that: **I am responsible.**

**Remember:** Selfishness—self-centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. (**Question:** Are you still trying to control those around you, and not wanting to work for the greater good of your group or A.A. because you don't get your way, even in sobriety?)

**NOTES FROM INSIDE THE CENTRAL OFFICE**

**April 11th, 2023** the Board of Directors for Central Office  
**BOARD MEMBERS** **REPRESENTING GROUP**

**April 11th, 2023** the Central Office Representatives met:  
**COUNCIL MEMBERS** **REPRESENTING GROUP**

AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK
BRIAN L.	BOARD MEMBER	BARRACKS BRIGADE GROUP
LINDA B.	BOARD MEMBER	JUST WHAT I WANTED GROUP
CHRIS S.	BOARD MEMBER	RUSKIN FELLOWSHIP GROUP
UNEXCUSED	BOARD MEMBER	SOBRIETY AT SUNRISE/MORNING MIRACLES
DODY H.	BOARD MEMBER	CAME TO BELIEVE GROUP
DEBBIE S.	BOARD MEMBER	TO IMPROVE OUR CONSCIOUS CONTACT
CARL L.	BOARD MEMBER	KEEP IT SIMPLE MEN'S GROUP
BRAD W.	BOARD MEMBER	TAMPA NIGHTLY NEWCOMERS GROUP
TOM F.	BOARD MEMBER	KEYSTONE DISCUSSION GROUP

**If you attended the Meeting but not listed below, we didn't catch your info in the chat—follow up with an email to [aainfo@aatamapa-area.org](mailto:aainfo@aatamapa-area.org)**

<b>NORM B.</b>	<b>DIDN'T GET NAME OF GROUP</b>
KARA H.	LANGUAGE OF THE HEART GROUP
NANCY H.	FOURTH DIMENSION GROUP
CATHY H.	SIMPLY SOBRIETY WOMEN'S GROUP
NANCY G.	HIDE-A-WAY GROUP
ANDREW D.	THE PROMISES MEETING GROUP
SUSAN S.	STEP SISTERS IN SOBRIETY GROUP
CAROLINE G.	SPEAK EASY GROUP
EMMA	NEXT DOOR GROUP
MIKE C.	SERENITY GROUP—ZOOM
MIRIAM	CAME TO BELIEVE GROUP
MAX C.	TAMPA BAY YOUNG PEOPLES GROUP
SONIA T.	BIG BOOK BUNCH
ROBERT M.	NEW TAMPA MONDAY NIGHT MEN'S
PHIL M.	NIGHTLY NEWCOMERS GROUP
KELLY E.	THE MEETING PLACE GROUP
JOHN T.	LIVING SOBER/AS BILL SEES IT GROUP
CLARENCE W.	TAMPA NIGHTLY NEWCOMERS GROUP

Al opened the meeting with a moment of silence followed by the Serenity Prayer. (Because of time restraints the Board & Council meeting has been combined. ) Board Members present: Al B., Linda B., Chris S., Dody H., Brad W., Carl L., & Debbie S. Al asked if we had any new Board or Council members who would like to be recognized. **Secretary Report:** Tim read the March Secretary report. Motion to approve & seconded & accepted. **Treasurers Report:** Tim presented the March Treasurer's Report. Contributions in March totaled \$4,860.97. This accounts for what 31 Groups or Individuals in our area have contributed in March, also included is \$1336.51 from 6 Groups or Individuals who made contributions through PayPal. Included, also, \$160.00 from 2 members for the Birthday Club. Our literature sales for March was \$5,342.57. This includes sales from A.A. material and non-A,A, material (medallions—etc.) Our total income for March was \$10203.54. Our Total Cost of Goods Sold was \$3,774.14. Subtracting the Total Cost of Goods Sold from our March income left us with a Gross Profit of \$6,429.40. Our Total Expenses for March were \$8,086.46. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$1,657.06 for the month of March. **Old Business:** None **New Business:** None **Announcements:** Tim asked about a phone number showing rather a name on the list and let them know that they couldn't be recognized as attending the meeting—don't know who you are. This was clarified as being Miriam from the Came to Believe Group. Brad announced that the Tampa Bay Fall Roundup was up and running on the Web. Sonia asked about the status of the Meeting Schedules. Tim explained that they had been sent to the printer but the printing service has merged with another company—hopefully we will get them in a month. Brad asked if they could get a pdf of the schedule. Tim—yes, will do. Al reminded everyone of the 20% discount and that we were looking for someone to take over as a Secretary and as a Treasurer and briefly explained what they would be doing—just simply reading the report. Debbie volunteered to be Secretary. Brian announced that this was his last night as a Board Member, he is rotating out. Chris volunteered to be Treasurer. Tim asked, since he doesn't have to read the reports anymore, does he have to attend the meeting. Al replied that if he didn't, he would be at the Office the next day. Everyone had a good laugh to end the meeting. A motion to close was made, seconded and approved. Meeting ended with the Lord's Prayer. The next Board & Council Meeting will be May 9th, 2023 at 7:00 pm on Timothy S. Office Manager/Secretary for the Board & Council

**ARE YOU HELPING YOUR GROUP OR ADDING TO IT'S PROBLEMS**

I believe that if a group has "a group conscience" then it can take an inventory, and I am part of that inventory. My inventory includes my own behavior towards my group and each individual member, to other groups and AA as a whole. I must first ask myself: Am I a good AA member? Then: What is my inventory as part of my group? **DO I ....**

1. Attend meetings only when "I need a meeting?"...feel like it?
2. Always refuse to hold any office at any time even when I could? Shun responsibility, refuse to run errands, make coffee, wipe a cup, empty ash trays, set up chairs and ignore **anything** that needs doing by refusing to notice—always manage to "**let somebody else do it**"?
3. Neglect talk to newcomers, or worse, listen to them? Drift off to certain little cliques of personal friends after meetings—or just "**beat it,**" always with good reasons, too tired, too busy—TV more often than not?
4. Turn down, or over to someone else, all Twelfth Step calls, when I could have gone? Refuse to speak or find someone in my place, before non-AA groups, or students, without good reason?
5. Give up after a time or two re-contacting the sick alcoholic. Use the "**not ready,**" "**not honest,**" routine? Try to carry the alcoholic instead of the message? Forget that I go see the sick alcoholic not because he is an alcoholic (only he can say he is or isn't) but because I am?

- DO I:**
6. Make no effort to attend other meetings, help other groups get started or give a lift to an older group? Encourage other groups to visit us, or am I (pardon the expression) a tight little island?

**Anonymous.....**

**ANNIVERSARY TIME**

**It Works-It Really Does—Ask them how they did it!!!**

**SELF-SUPPORT-APRIL, 2022**

GROUP	Honors To	Date	Years
NEW BEGINNINGS GROUP	SUSANNE B.	05/31/90	33 YRS
EARLY RISERS GROUP	BILL J.	05/19/07	16 YRS
12 STEPS TO GROWTH	JOANNE A.	05/24/82	41 YRS
HELPING HANDS GROUP	BRIAN L.	05/30/93	30 YRS
NEW WAY GROUP	KIMBERLY B.	05/01/10	13 YRS
NEW WAY GROUP	JANE A.	05/01/93	30 YRS
HI NOONERS GROUP	RICHARD R.	05/07/12	11 YRS
SOBER @ 7 GROUP	CHRISTA G.	05/24/87	36 YRS
SOBER @ 7 GROUP	TOM C.	05/22/80	43 YRS
LIVING SOBER/AS BILL SEES IT	SHARON W.	05/15/17	6 YRS
HIGH NOONERS GROUP	MAGGIE F.	05/10/18	5 YRS
RIVERSIDE GROUP	EMMA W.	05/29/14	9 YRS
RIVERSIDE GROUP	KATIE	05/18/14	9 YRS
RIVERSIDE GROUP	ROBERT B.	05/05/14	9 YRS
RIVERSIDE GROUP	TODD S.	05/23/13	10 YRS
RIVERSIDE GROUP	TINA	05/13	10 YRS
RIVERSIDE GROUP	LEONA	05/13/13	10 YRS
RIVERSIDE GROUP	JAMES S.	05/25/07	16 YRS
RIVERSIDE GROUP	MARLOWE	05/20/06	17 YRS
RIVERSIDE GROUP	JOHN M.	05/14/89	34 YRS
JUST WHAT I WANTED	SUSAN Y.	05/20/00	23 YRS
JUST WHAT I WANTED	CANDY J.	05/20/86	37 YRS
FRIDAY FRIENDSHIP	TRACY B.	05/28/11	12 YRS
FRIDAY FRIENDSHIP	DRUM	05/09/11	12 YRS
CAME TO BELIEVE	TINKER	05/08/22	1 YR
CAME TO BELIEVE	DEBBIE S.	05/13/13	10 YRS

© Today in April of 2023 still COVID has changed the way many groups contribute to the Central Office. Some groups have remained steady in their contributions, some groups have gone to ZOOM, A few ZOOM groups have made some contributions and some groups are Hybrid (in-person & ZOOM), other groups have folded for a lack of a space to have their meeting and some new groups are starting up, and now many groups are getting back to normal pre-pandemic live meetings. Things are looking up and getting better. It's certainly a time to renew our efforts and practice the meaning of the Serenity Prayer a little bit more. We currently have 198 Groups in the Hillsborough-East Pasco area with around 520 meetings weekly. Also we have 38 Zoom Groups with 113 meetings weekly (If I counted correctly). Contributions in April totaled \$11,910.39. This accounts for what 58 Groups or Individuals in our area have contributed in April, also included is \$1980.04 from 8 Groups or Individuals who made contributions through PayPal. Included, also, \$60.00 from 1 member for the Birthday Club. We also received \$130.00 from the Sobersticks Event and \$2123.00 from the Soberstock Event. Our literature sales for April was \$7,089.76. This includes sales from A.A. material and non-A.A. material (medallions—etc.) Our total income for April was \$19000.12. Our Total Cost of Goods Sold was \$3,306.90. Subtracting the Total Cost of Goods Sold from our April income left us with a Gross Profit of \$15,693.22. Our Total Expenses for April were \$9,009.73. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$6,683.49 for the month of April. We still have a good Prudent Reserve, all our bills keep getting paid, the lights are on, we have a decent amount of literature available, the phones are working and it is still looking like 2023 just might be a better year to look forward to. Thank you for your support of the Central Office. Thank You!!!O.M. tws:)

In the first Step, we understood the problem; we were looking for the truth, the true nature of the problem. Once we saw it, we came to believe in a Power greater than ourselves that would restore us to sanity, and that is the truth. In other words, we came to believe that truth exists. In Step 3, we made a decision to turn our lives over to the care of that truth. In order to act on that decision, we needed to find out what was blocking us from the truth, and we did that in Step 4. The fifth Step is a further search for the same thing. In Step 5, we examine the information we found in Step 4 and make sure it is the truth. Step 5 is an evaluation of the inventory in an attempt to get a better look at the information we gathered in the inventory process. Why is this “improving on” Step 4’s truth necessary? If an individual has had a problem for weeks, months, or even years, and didn’t know he had a problem, it’s pretty obvious he is not an expert on the truth! After going through the first four Steps, we don’t rely on the information as *we see it*. We don’t have a good record of the truth. No one individual really knows the truth anyway—only God knows the truth. We human beings only have our perception of the truth. We can see now that before Step 1 our perception of the truth was very much distorted. Thus we don’t want to rely on our limited, perhaps distorted, opinion of what we found in the inventory. Step 5 is getting an outside viewpoint, a different look at things, from God, ourselves, and others. It is interesting and not by chance that Step 5 is laid out in this way. The center of our lives is spiritual—our God—so the first thing we have to do is talk things over with God.

**A BIRTHDAY CLUB SUPPORTER TO  
CENTRAL OFFICE**

**ONE DOLLAR OR MORE FOR EACH YEAR OF SOBRIETY**

Home Group	Honors To	Date	Years
TGIF GROUP	SCOTT MCH.	04/20/15	8 YRS
KEEP IT SIMPLE <small>DARE CITY</small>	STEVE S.	04/29/11	12 YRS
NEW WAY WOMEN'S	KIMBERLY B.	05/01/10	13 YRS

**That’s 516 Years of Sobriety!**

Someone is definitely doing something right !Search out these people and find out their secret. ☺



Group	APRIL	Y T D	Group	APRIL	Y T D	Group	APRIL	Y T D
11th Step Group- Christ King			Live and Let Live Group			Sober @ 7 Group		
11th Step Meditation			Living in the Solution	200.00	400.00	Sober @ 7 Anniversary		
11th Step Retreat			LivingSober/As Bill Sees It	375.00	375.00	Sober on Saturday Group	100.00	200.00
AA 101 Group			Lunch Bunch Group			SoberSticks Event	130.00	130.00
A Common Solution Group	8.91	34.66	Mid Day Madness		45.00	SoberStock Event	2,125.00	2,125.00
Alpha Group	60.00	120.00	Mid Day Matinee Group zoom			Sobrenity Group	480.00	480.00
Annual Housecleaning			Mid Day Matinee Group	2,000.00	2,650.00	Sobrietea Women's Group		20.00
Anonymous Donations	739.07	2175.31	Morning Express Group			Soberilla		1,066.66
As Bill Sees It--Riverview			Morning Meditation Meeting			Sobriety at Sunrise Group	217.75	323.67
As Bill Sees It Mens Odessa		325.00	My Turn Group			Social Distancing Group (Z)		
Attitude of Gratitude Group		150.00	Never Too Early Group			Sobriety at Sunset Group		471.90
Barracks Brigade Group	20.00	80.00	Never Too Early Group(Z)			Solutions Group		
Beginners Group	160.00	290.00	New Beginnings-(5:45)Joe's		160.98	Southshore Men's Group		
Big Book Bunch Group			New Beginnings Brandon	294.00	486.00	Southside Men's Group # 1		
Bill D's Group			New Beginnings-(Our Club)			Southside Men's Group # 2		
BIRTHDAY CLUB	83.00	277.00	Newcomers Group			Southside Men's Group #3		500.00
Brandon Big Book Group			New Tampa Monday Men's		331.00	Southside Men's Group #4		
By The Book Men's Group	1.20	1.20	New Way Women's Group			Spiritual Development		150.00
BYO 12 & 12 Group		82.00	Next Door Group			Spiritual Growth Group		
Came To Believe Group	412.75	412.75	Nightly Newcomers Group		80.00	Stay the Course Group		250.00
Candlelight Group			Nooners Group--Riverview	151.63	333.06	Staying Alive @ 5:45 Group		
Cardinal Group - Odessa			Nooners Group--Tampa		63.61	Step Sisters in Sobriety		
Carrollwood Group		135.00	Noontime Celebration Gp.			Stepping Stones Group (w)	72.00	206.00
Carrollwood Blue Roof Group			Odessa Group		113.00	Sun City Center Group		30.80
Clean Air Group			Old School Group			Sun City Center Zoom		
Close to Home Group		100.00	Old School Gp Anniversary			Sunday Afternoon Step Mtg		
Come as You Are Group			On the Way Home Tpa 5:30	326.30	566.93	Sunday Speakers - 3333		
District Two General Service		763.75	One Day at a Time Group			Sunset Group		500.00
Early Risers Group - Joe's			Palma Ceia Big Book Group	200.00	200.00	Sunshine Group		
Expect a Miracle Group			Pathfinders Group	100.00	100.00	Sweet Surrender Group		
Experience, Strength & Hope			Pavillion Peeps		110.00	Tampa Bay Fall Roundup		
FCYPAA Committee			Pilgrim Group -St Leo's			Tampa Bay Institutions	50.00	250.00
Fear Not Group			Plank Owners Group			Tampa Bay Speakers Gp.		216.05
Fireside Group	215.30	319.31	Plant City Sunday Night			Tampa Bay Young People		
Fourth Dimension Group	305.50	438.75	Primary Purpose Group		1.01	Tampa Bid for FCYPAA		
Freedom in Sobriety Group	129.00	199.08	Promises Meeting Group		213.41	Tampa Group		
Fresh Start Group			Promises Group Anniverary			Tampa Nightly Newcomers-Z		
Friday @ 4 Group	167.70	323.70	Red Chip Day			Tampa Palms Big Book		
Friday Night Lights Group			Reflections Group-Lake Mag			Tampa Sat Night Speakers		100.92
Friday Morning Women's		350.00	Riverside Group	61.10	122.20	T & C Sisters in Sobriety		
Friday Night Women's Group			Rule 62/Keep it Simple			TGIS Group		
Friends of Bill Meditation (Z)		40.00	Ruskin Fellowship Group		156.00	Thank God it's Friday Group		352.00
Good Start Group	370.00	1,326.00	Ruskin Womens Big Book			The 164 Group		
Grapevine Gals Group		141.00	Ruskin 11th Step Meditation			The 164 Group Wesley Chapel		
Great Way To Start The Day	256.00	485.00	Safe Haven Group			The Meeting Place Group	1.57	2.30
Grupo Poco a Poco			Safe, Sane & Sober Group		239.10	There is a Solution		
Grupo Solo por Hoy			Saturday Night Fever Group		1,300.00	Thursday Pavillion Peeps		
Grupo Un Milagro En Tampa			Saturday Night Live Group			To Improve Our Consious Contact		
Happy Destinty Group			Saturday Serenity Group		144.30	Town & Country Wed. Night		
Happy Hour Group		1,300.00	Seekers of Serenity II Group			Tues.Big Book of Brandon	72.00	72.00
Grupo Un Milagro En Tampa			Serenity Group--ZOOM		194.23	Turning Point Group -Z-H.	195.00	455.00
Hi Nooners Group Plant City	100.00	300.00	Simply Sobriety Women's Group		67.60	UT 717 Group		
Hide-A-Way Group	402.23	760.50	Sisters 12 n 12 Group (Zoom)	271.88	492.95	Valrico Friday Morning		
High Nooners Group			Sisters Celebrating Sobriety			We Are Not Saints Group		
Hope Floats Group			Sisters in Sobriety Group	184.80	281.40	Wed Night Step Workshop		14.57
Host of Friends Group						Wed Keep it Simple Group		195.00
It's in the Book Men's Group	324.94	676.67				Wellspring Group		7.21
In Loving Memory						Wesley Chapel Group		310.87
Into The Triad AA Group						With Room to Grow Group		500.00
Just What I Wanted Big Book		185.00				Women's Big Book Tampa		
Keep it Simple Men's Group		150.00				Women's Big Book Ruskin		
Keep It Simple/Pass It On	116.80	116.80				Women's Friendship Group	281.65	745.75
Keep it Simple Dade City	195.00	780.00				XYZ-32 Group		
Keeping It Real Group			Total	4,164.71				
Keystone Group		150.15	YTD Total		9,226.78			
Life Enrichment Group								
Little Harbor Grapevine Group								
						Total	3,724.97	
						YTD Total		9,675.70
						Monthly Total	11,957.08	
Total	4,067.40							
YTD Total		12,988.63						
						Grand Total	31,891.11	

TRI-COUNTY CENTRAL OFFICE, INC  
8019 NORTH HIMES AVENUE  
SUITE 104  
TAMPA, FLORIDA 33614-2763

NON-PROFIT ORG.  
U. S. POSTAGE  
PAID  
PERMIT NO. 4006  
TAMPA, FL 33634

—ADDRESS SERVICE REQUESTED—



IN THIS ISSUE....News from Groups and District...stories, thoughts and humor....

PLEASE SHARE ME WITH A FRIEND

