



Tri-County Central Office News

Remember it was agreed at the beginning
we would go to any lengths for victory over alcohol...

A Monthly Newsletter of the Tri-County Central Office, Inc.
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August, 2024

STEP EIGHT	QUALITY OF SOBRIETY
<p>Made a list of all persons we had harmed, and became willing to make amends to them all.</p> <p>We became aware of the people or institutions that we need to make amends to while completing our Fourth Step inventory. We can now make a formal list of the amends we need to make including any other amends we recently became aware of after completing our Fourth Step inventory. Amends-making is crucial to our being able to remain sober; it will help us to experience freedom from our alcoholic past. Step Eight asks us to become willing to make all the amends we have on our list. Some of us may not be able to include some people that ought to be on our list. We may continue to have hurt feelings because of wrongs others have committed towards us. We may consider not making amends to these people, thinking “I hurt them, and they hurt me, so we are even.” Being willing to make amends to some of the people we have harmed is growth! However, to experience the spiritual promises to a fuller extent, we need to experience the spiritual truth that is embodied in Step Eight. We want to grow a heart big enough to repair the harm we have caused in the lives of others. If we expect others to forgive us for our harms, we ought to be willing to forgive others for the harms they have caused us too. We want to grow to appreciate the welfare of others enough to muster the courage it takes to make direct amends to them. The decision to make all the amends on our list will often cause us to experience some emotional relief immediately. Deep down inside we know we are moving in the right direction. We cannot let false pride prevent us from being willing to make our’ amends. Remember, Step Eight asks that we become willing to make our’ amends, not actually make them yet. We will deal with this aspect of our recovery when we complete Step Nine. The Eighth Step is a spiritual Step in and of itself. We will want to avoid minimizing the positive impact completing Step Eight will have on our recovery. The extent of the positive results we will experience in recovery is for the most part in our own hands. God is already willing to help us; it is just a matter of our becoming willing to take the actions that are necessary to experience further spiritual growth. The A.A. spiritual promises state that we need to work for the spiritual promises to come true in our lives. Step Eight is part of that work! We cannot clean up the other person’s side of the street; they may become willing to address their issues in the future. The amends-making process is about resolving our past as much as humanly possible to enable us to become free from the negative feelings we have attached to the past. We will be able to experience freedom in our lives today and in the future after we make our amends. We need to avoid judgement! For the most part, the only reason we are taking these Steps is because our lives depend on practicing them. We have nothing to brag about with this type of motivation. We are grateful that our Higher Power has given us the opportunity to recover from alcoholism. We try to pass on the love that God has given to us to those who have harmed us in the past. We are ready to proceed to Step Nine if we are willing to make “all” the amends on our list. If we are not yet ready to make all of our amends we can continue to attend A.A. meetings until our hearts have softened enough to do so.</p> <p>Excerpt from The Little Purple Pamphlet</p>	<p>Just as no one can tell a person whether or not he is an alcoholic, no one can tell you about the quality of your sobriety except yourself. It seems lately in working with new members of the program (and some not so new), that while they recognize quality of sobriety they just will not exert themselves to make the effort to acquire it. It seems that they are half-happy! When their attitudes and thinking get out of kilter, they admit that while vacationing for five weeks they just never did get to a meeting or make any AA contact whatsoever. Or they drag to one meeting a week (if nothing interferes) trying desperately to maintain the shaky sobriety they have, not because they want to attend, but because they seem scared not to. If you suggest that they read a chapter a day in the Big Book, they meekly tell you they have loaned their book to someone. At a recent closed meeting this topic was brought up for discussion, and many members didn’t seem to know what we were talking about, or were so vague as to contribute that the “quality of their sobriety was the fact that they were sober today.” My sponsor and many old-timers taught me that quality was just as important as quantity. You don’t have to be half-happy! Alcoholism takes no vacation! No matter where you travel there are meetings available. At home there are meetings every night in the week—try getting some extra ones. Cherish and read your own Big Book; buy the newcomer one of his own! Sobriety is much more than staying dry. It is a daily living (to the best of our ability) of this program according to principles set down to guide us. It is giving of yourself to Twelfth Step work, participating in meetings and doing all you can in gratitude. When you see a happy, contented, sober alcoholic, one whose quality you admire, you will see an active, contributing, working member of the program.</p> <p>B.B., Fort Lauderdale, FL. Permission to Reprint/ AA Grapevine/ August 1967</p> <p>The Birthday Club: Contributions to the Central Office help support the local services to members and groups throughout Hillsborough and East Pasco Counties and help ensure that the A.A. message is carried around our area. Ask your Treasurer if they have any Birthday envelopes available. Call or email your Central Office. 933-9123 or aainfo@aatampa-area.org</p> <p>To the Treasurer or Contact Person of a Group—if you receive a Birthday envelope with the Thank You letter that we sent you—you can use it for yourself or hand it out to someone celebrating an Anniversary or use it to celebrate someone’s Anniversary-Anonymously.</p> <p>TO ALL members who have been sending Contributions to Central Office through PayPal. THANK YOU! BUT—If you don’t put down the name of your Home Group—it will be listed as ANONYMOUS, so don’t have a hissy fit if you don’t see contributions from your Group on our Contributions page.</p>

District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

CONTACT---(877) AATAMPA or (877) 228-2672

TBAIC JULY SECRETARY REPORT

Chair Report - The meeting started at 9:30 AM with the Declaration of Unity. Jonathan's report consisted of him sharing information about seeing pink cans at a number of meetings he attended and he shared on the work of our committee and thanked the groups for their support. He also said he would attend a Founders Day event at the 3333 Club being put on by FCYPAA on June 8 between the hours of 12 to 4 PM. **Secretary Report** - Tom F. then read the secretary report and it was accepted as read without any changes to it. **Treasurer Report** – John T's. presented the Treasurer's Report. Our current balance is \$4,992.01. Monthly expenses were \$50.00 for Central Office Storage, \$25.80 uncashed check to Sara R. which reduced the monthly expense to \$24.20. Literature expenses for the month totaled \$2,920.77. Our committee received \$509.80 in contributions from the following groups: Grapevine Gals; Keep It Simple Pass It On; Language of the Heart and Ruskin Fellowship (Sunday). **Treatment** – All meetings at ACTS Detox are being covered except for the Friday noon meeting needs some help as the person currently covering cannot do it every week. All meetings at ACTS Amethyst are currently being covered except Wednesday at 1:00 PM. Cove Housing for Women seems to have closed their doors to us and we are not sure why that happened. The men's meetings at Cove Behavioral Heath are going well. According to Joe R.. Sandra Prince is also doing well according to Joe R.. **Corrections** – True Core Juvenile, had a girl commit suicide and the state has taken the facility offline. She asked about getting the literature back from the facility. She was told to get any literature back that she could. Hillsborough County Jail for women Bianca reported that a couple of volunteers were rotating out for personal reasons, but she has 4 new volunteers in the process of getting cleared for the Hillsborough County Jail. No report for the men's side of Hillsborough Jail. Things are going well at Zephyrhills CI according to Tom F. Jessica reported that they are having issues covering meetings at the Pasco County Jail for women. She also expressed some interest in possibly replacing Brittani as the coordinator for that facility. **Bridge The Gap** – Bridge the Gap we two Bridges. Man on the Bed – Tom F. reported that he had one call for a male patient but the person who was supposed to cover it simply forgot to do it. **Old Business** – No old business **New Business** – Bay Care North wants us to take a meeting into a new facility with patients who were Baker Acted. We need to know what time and days they would like us to be there. Jonathan said he would find out. The meeting ended at 10:30am.

Our Next Committee Meeting
August 10th, 2024 9:30 am on ZOOM. Contact us at www.tbaic.org for more information. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

www.tbaic.org	
Position	Name
Chair	Jonathan C.
Chair (Alt.)	Mike B.
Treasurer	John T.
Secretary	Tom F.
Hillsborough County Jail	Buddy H. (Men's)
Falkenberg Women's Jails	Bianca H. (Women's)
Pasco Jail-Women's	Brittani B.
Treatment Coordinator	John T.
Bridging the Gap	Tracy S.
Man on the Bed	Tom F.
Zephyrhills CI	Tom F.

Pink Can Drive
 Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ...
 We will put it to great use!
TBAIC, PO Box 26242, Tampa FL 33623

Contributions: June 8th, 2024...
Hide-a-Way Group: \$300.00, Keep it Simple/Pass it On Group: \$195.00, Monday Night New Tampa Men's Group: \$656.00, On the Way Home Group: \$45.00, Ruskin Fellowship Group: \$68.00, Saturday Night Fever Group: \$604.00, Sobrietea Women's Group: \$13.75, Thank God it's Friday Group: \$96.00

YTD Contributions to TBAIC	\$12,988.17
Pink Can Balance 12/2023	\$7,110.46
YTD Money Spent on Literature	\$11,922.59
YTD Operational Expenses	\$2,529.52
Pink Can Current Balance	\$5,646.52

The Corrections Committee needs all types of volunteers. They need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated.

MY HIGHER POWER—THE LIGHT BULB

By Clarence H. Snyder (Clarence started AA group #3 in Cleveland & in the beginning had a higher recovery rate than Bill & Dr. Bob combined. His story, "Home Brewmeister", can be found on page 297 of the Big Book.)

In their sincere and honest attempt to maintain a “hands off” policy regarding fellow members’ religious beliefs and perhaps sensitivities, our founding fathers exercised gentle wisdom and proffered spiritual freedom. No one, it was rightly thought, should be permitted to impose their own religious concepts and beliefs upon any other member of the fellowship. The area was much too important to the prospective recoveree to be tampered with by mortal man. The very life of the prospect depends, ultimately, upon his or her “personal relationship” with a “Power greater than themselves.” The notion was valid in the Program’s earlier days—and it still is! In no way, shape or form, however, was the idea conceived to avoid guiding our beloved newcomer along a path of spiritual progress. Quite the contrary, our whole purpose as recovered alcoholics, was and is to help the next person achieve sobriety. If that person is a **real** alcoholic his only hope is God. So in its most basic and simplest terms our only real purpose is to help the still-suffering alcoholic to find God. A loving God, a healing God is the alcoholic’s only real hope. This is no easy task. A vast array of difficulties present themselves to thwart the new person on his journey. The foremost adversary, of course, is the illness itself. It seems that many, many alcoholics have a very fierce, emotionally charged resistance to accepting any dependency upon a Power which to them, may seem an abstract and remotely distant concept. This internal resistance is most effectively broken down by the potential recoveree’s initial desperation. (It seems such a shame that today’s AA actually encourages the newcomer to avoid reaping the blessings of that desperation). If intense enough and deep enough, this emotional “bottom” will be the very propellant the prospect needs to thrust him into the recovery process offered by A.A. through its 12 Steps. Another stumbling block, which many people who are new to the Program are currently encountering, is us! We seem to be full of fear as regarding the responsibility we have been given in the area of spiritual guidance. We shirk this responsibility by evasiveness or by the direct side-stepping of the issue by such Statements as, “It’s God as **you** understand Him and its up to you to come to your own conclusions.” So the newcomer is left to his own devices. He is expected to arrive, alone and unguided, at a relationship with his Creator. One of the most powerful and hope-filled statements to be found in the entire text of **Alcoholics Anonymous** can be found on page 25. “The great fact is just this, and nothing less: That we have had deep and effective spiritual experiences which have revolutionized our whole attitude toward life, toward our fellows and toward God’s universe. The central fact of our lives today is the absolute certainty that our creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do for ourselves.” Are we, today, so far removed from our founder’s results of our recovery program that these words are nothing more than a “nice thought” or an exaggeration due to artificially elated emotions? If so, we “obviously cannot transmit something we don’t have.” We cannot share awareness we don’t have. Cannot give guidance we have never gotten. We cannot share a vision of a God we have never seen.

Tradition Eight July 1948

Throughout the world AAs are twelfth-stepping with thousands of new prospects a month. Between one and two thousand of these stick on our first presentation; past experience shows that most of the remainder will come back to us later on. Almost entirely unorganized, and completely nonprofessional, this mighty spiritual current is now flowing from alcoholics who are well to those who are sick. One alcoholic talking to another; that’s all. Could this vast and vital face-to-face effort ever be professionalized or even organized? Most emphatically, it could not. The few efforts to professionalize straight Twelfth Step work have always failed quickly. Today, no AA will tolerate the idea of paid “AA therapists” or “organizers.” Nor does any AA like to be told just how he must handle that new prospect of his. No, this great life-giving stream can never be dammed up by paid do-gooders or professionals. Alcoholics Anonymous is never going to cut its own lifelines. To a man, we are sure of that. But what about those who serve us full time in other capacities—are cooks, caretakers, and paid intergroup secretaries “AA professionals”? Because our thinking about these people is still unclear, we often feel and act as though they were such. The impression of professionalism subtly attaches to them, so we frequently hear they are “making money out of AA” or that they are “professionalizing” AA. Seemingly, if they do take our AA dollars they don’t quite belong with us AAs anymore. We sometimes go further; we underpay them on the theory they ought to be glad to “cook” for AA cheap. Now isn’t this carrying our fears of professionalism rather far? If these fears ever got too strong, none but a saint or an incompetent could work for Alcoholics Anonymous. Our supply of saints being quite small, we would certainly wind up with less competent workers than we need. We are beginning to see that our few paid workers are performing only those service tasks that our volunteers cannot consistently handle. Primarily these folks are not doing Twelfth Step work. They are just making more and better Twelfth Step work possible. Secretaries at their desks are valuable points of contact, information, and public relations. That is what they are paid for, and nothing else. They help carry the good news of AA to the outside world and bring our prospects face to face with us. That’s not “AA therapy”; it’s just a lot of very necessary but often thankless work. So, where needed, let’s revise our attitude toward those who labor at our special services. Let us treat them as AA associates, and not as hired help; let’s recompense them fairly and, above all, let’s absolve them from the label of professionalism. Let us also distinguish clearly between “organizing the AA movement” and setting up, in a reasonably businesslike manner, its few essential services of contact and propagation. Once we do that, all will be well. The million or so fellow alcoholics who are still sick will then continue to get the break we sixty thousand AAs have already had. Let’s give our “service desks” the hand they so well deserve. **Excerpt from Language of the Heart Reprint Permission: A.A. Grapevine**



“How can the Grapevine keep in touch with your group if you don’t have a GvR?”*

***Grapevine Representative**

NOTES FROM INSIDE THE CENTRAL OFFICE

July 9th, 2024 the Board of Directors for Central Office
BOARD MEMBERS **REPRESENTING GROUP**

AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK
BRAD W.	ALT.CHAIR	TAMPA NIGHTLY NEWCOMERS
SOPHIE C.	TREASURER	OLD SCHOOL GROUP
DEBBIE S.	SECRETARY	TO IMPROVE OUR CONSCIOUS CONTACT
LINDA B.	BOARD MEMBER	JUST WHAT I WANTED GROUP
DODY H.	BOARD MEMBER	CAME TO BELIEVE GROUP
CARL L.	BOARD MEMBER	KEEP IT SIMPLE MEN'S GROUP
SCOTT B.	BOARD MEMBER	TAMPA SATURDAY NIGHT SPEAKERS
BRIAN L.	BOARD MEMBER	BARRACKS BRIGADE GROUP
OPEN	BOARD MEMBER	

(Because of time restraints the Board & Council meeting has been combined.) **Board Members present: Al B., Brad W., Debbie S., Linda B.** Al welcomed the Board and Council to the meeting and then opened the meeting with a moment of silence followed by the Serenity Prayer. He asked if there were any new Board or Council members. New Board Members were Brian L. from the Barracks Brigade Group, Sophie C. from the Old School Group and Scott B. from the Tampa Saturday Night Speakers Group. New Council Members were Andrew S. from the Sobrenity Group and Raina W. from The 164 Group. **Secretary Report:** Tim started reading the June Secretary report but it was realized that he was reading the May report instead. After realizing the mistake he noted that not much had happened at the June meeting. Everyone agreed to just have the correct minutes send out once he got back to the Office. (**NOTE from Tim:** I looked for the June minutes and could not find them. I must of lost or deleted them by mistake. I apologize for any inconvenience.) A motion was made to accept the error, it was seconded and approved. **Treasurers Report:** Sophie presented the June Treasurer's Report. Contributions in June totaled \$4,271.17. This accounts for what **18** Groups or Individuals in our area have contributed in June, also included is, \$1,553.32 from **10** Groups or Individuals who made contributions through PayPal and \$215.00 from **4** members of the Birthday Club. Our literature sales for June was \$6,952.02. This includes 1 Newsletter subscription and sales from A.A. material and non-A,A, material (medallions—etc.). Our total income for June was \$11,223.26. Our Total Cost of Goods Sold was \$4,780.99. Subtracting the Total Cost of Goods Sold from our June income left us with a Gross Profit of \$6,442.27. Our Total Expenses for June were \$10,943.57. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$4,501.30 for the month of June. After noting that we were \$4,501.30 in the red, a question was asked that shouldn't we look into why we were in the red for so much? Tim noted that it was a lack of contributions. This sparked conversations from the Board and Council on how to increase contributions. Some ideas were for informing their groups and maybe bumping up the percentages of their contributions or maybe having a special event or fund-raiser for Central Office. It was also noted that several members had not been getting their minutes. Tim will look into it and try to correct the problem. A motion was made to accept the report, it was seconded and approved. **Old Business:** None **New Business:** Sophie asked if any groups were having any upcoming events to let us know so we could plan for it. It was noted that any events sent to Central Office are usually on the Events page of the Web Site. **Announcements:** Al stated that since Chris had rotated out of his position, we needed a new Treasurer.

July 9th, 2024 the Central Office Representatives met:
COUNCIL MEMBERS **REPRESENTING GROUP**

If you attended the Meeting but not listed below, we didn't catch your info in the chat—follow up with an email to aainfo@aatamapa-area.org

SARAH H.	FULL MOON RIVER GROUP
LINDA R.	THE MEETING PLACE GROUP
SANDY M.	STEP SISTERS IN SOBRIETY GROUP
KITHARA L.	SET ASIDE BIG BOOK STUDY GROUP
THERESA V.	BIG BOOK BUNCH GROUP
NANCY G.	HIDE-A-WAY GROUP
SAMANTHA A.	FISHHAWK GROUP
NORM B.	SOBER @7 GROUP
MIKE M.	SERENITY GROUP (ZOOM)
CATHY H.	SIMPLY SOBRIETY WOMEN'S GROUP
ANNIE L.	KEEP IT SIMPLE GROUP
ANDREW S.	SOBRENITY GROUP
KEN M.	SAFE HAVEN GROUP

Sophie had volunteered so she began our new Treasurer. Brad reminder anyone to make sure you have signed in and add your email to get credit for attending the meeting and get your 20% discount if you need to pick up literature. A motion to close was made, seconded and approved. Meeting ended with the Lord's Prayer. **The next Board & Council Meeting will be August 13th, 2024 at 7:00 pm on ZOOM**

DRIVERS NEEDED

GOT A CAR? WANT TO HELP YOUR SOBRIETY?
HELP SOMEBODY GET TO A MEETING BY GIVING THEM
A RIDE. *AN ADDED BENEFIT IS THAT YOU MAY ACTUALLY
HELP YOUR HOME GROUP BY POSSIBLY BRINGING IN
A POTENTIAL NEW HOME GROUP MEMBER
CALL CENTRAL OFFICE. 813-933-9123

Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members. Thanks to everyone for your continued support!! Become a part of Central Office....volunteer to be a Central Office Representative for your Home Group.

ANNIVERSARY TIME

It Works-It Really Does—Ask them how they did it!!!

SELF-SUPPORT-July, 2024

GROUP	Honors To	Date	Years
THURS. NITE BIG BOOK	AL B.	07/15/88	36 YRS
THANK GOD IT'S FRIDAY	MICHAEL P.	07/04/92	32 YRS
FRIDAY NIGHT LIGHTS	BERNIE H.	07/17/94	30 YRS
WESLEY CHAPEL GROUP	DAVE F.	07/19/85	39 YRS
SOBRIETY AT SUNRISE	LEANNE M.	07/22/00	24 YRS
NOONERS GROUP	JAN F.	07/22/11	13 YRS
11TH STEP GROUP	LOIS M.	07/09/95	29 YRS
CAME TO BELIEVE	DOMONGO G.	07/01/20	4 YRS
MIDDAY MATINEE GROUP	LOUEITA H.	07/18/91	33 YRS
SIMPLY SOBRIETY WOMENS	LISA H.	07/06/22	2 YRS
SIMPLY SOBRIETY WOMENS	NANCY H.	07/22/86	38 YRS
FRIDAY NIGHT LIGHTS	BERNIE H.	07/17/94	30 YRS
SOBER @ 7 GROUP	HELEN A.	07/19/09	15 YRS
SOBER @ 7 GROUP	CARLOS M.	07/05/00	24 YRS
SOBER @ 7 GROUP	SAM F.	07/19/86	38 YRS
SOBER @ 7 GROUP	JOHN M.	07/21/79	45 YRS
HIGH NOONER'S PLANT CITY	TRAVIS J.	07/15/18	6 YRS
RIVERSIDE GROUP	MORGAN	07/24/05	19 YRS
RIVERSIDE GROUP	MATT M.	07/19/05	19 YRS
RIVERSIDE GROUP	MARK V.	07/09/91	33 YRS
RIVERSIDE GROUP	CARLTON P.	07/01/83	41 YRS
RIVERSIDE GROUP	LARRY P.	07/08/80	44 YRS
KEYSTONE DISCUSSION	AL D.	07/19/14	10 YRS
KEYSTONE DISCUSSION	ANTHONY S.	07/28/05	19 YRS
JUST WHAT I WANTED	MICHELLE G.	07/04/08	16 YRS
JUST WHAT I WANTED	JACKIE W.	07/03/87	35 YRS
RUSH HOUR SERENITY	JANIE M.	07/27/81	43 YRS
FRIDAY FRIENDSHIP WOMEN'S	DIANE B.	07/24/14	10 YRS
FRIDAY FRIENDSHIP WOMEN'S	SUE D.	07/16/12	12 YRS
FRIDAY FRIENDSHIP WOMEN'S	DOLORES E.	07/04/07	17 YRS
FRIDAY FRIENDSHIP WOMEN'S	PATTI H.	07/21/06	18 YRS
FRIDAY FRIENDSHIP WOMEN'S	ANNETTE J.	07/20/02	22 YRS
CENTRAL OFFICE	TIMOTHY S.	07/04/88	36 YRS
A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE ONE DOLLAR OR MORE FOR EACH YEAR OF SOBRIETY			
Home Group	Honors To	Date	Years
SOBER@7 GROUP	CHRISTA G.	05/24/87	37 YRS
SOBER@7 GROUP	HELEN A.	07/19/09	15 YRS
CAME TO BELIEVE	BOB C.	07/07/08	16 YRS
CENTRAL OFFICE	TIMOTHY S.	07/04/88	36 YRS

© Today in July, 2024 COVID has changed the way many groups contribute to the Central Office. Some groups have remained steady in their contributions, some groups have gone to ZOOM, A few ZOOM groups have made some contributions and some groups are Hybrid (in-person & ZOOM), other groups have folded for a lack of a space to have their meeting and some new groups are starting up, and now many groups are getting back to normal pre-pandemic live meetings. Things are looking up and getting better. It's certainly a time to renew our efforts and practice the meaning of the Serenity Prayer a little bit more. We currently have 191 Groups in the Hillsborough-East Pasco area with around 502 meetings weekly. Also we have 128 Zoom meetings weekly Contributions in July totaled \$9,416.85. This accounts for what 43 Groups or Individuals in our area have contributed in July, also included is, \$535.67 from 10 Groups or Individuals who made contributions through PayPal and \$67.00 from 3 members of the Birthday Club. Our literature sales for July was \$4,224.68. This includes sales from A.A. material and non-A.A. material (medallions—etc.). Our total income for July was \$13,641.53. Our Total Cost of Goods Sold was \$3,266.26. Subtracting the Total Cost of Goods Sold from our July income left us with a Gross Profit of \$10,375.27. Our Total Expenses for July were \$9,185.95. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$1,189.32 for the month of July. July was rally another poor month, although we were in the black, sinking us further into the red for the year. We still have a good Prudent Reserve, all our bills keep getting paid, the lights are on, we have a decent amount of literature available, the phones are working Thank you for your support . Thank You!!!O.M. tws:)

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. (The 12 Traditions were created to help each A.A. group maintain unity and relate better to the world about us. Below is a snapshot inventory you can take to see how well you are honoring the spiritual principle found in this Tradition.) **Tradition Eight:** Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers. **1.** Does my own behavior accurately mirror the Traditions? If not, what needs changing? **2.** When I chafe about any particular Tradition, do I realize how it affects others? **3.** Do I sometimes try to get some reward—even if not money—for my personal AA efforts? **4.** Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility? **5.** Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them? **6.** Do I know where my local meeting directory comes from? **7.** In my own AA life, have I had any experiences which illustrate the wisdom of this Tradition? **8.** Have I read the book Twelve Steps and Twelve Traditions? How about the pamphlet “A.A. Tradition—How It Developed”. **9.** Can my group rely on me to fulfill my service responsibilities without someone checking on me? **Reprint Permission/ AA Grapevine**

That's 921 Years of Sobriety!

Someone is definitely doing something right !Search out these people and find out their secret. ☺

The Promises 14th Anniversary Dinner

New Hope Church
213 N. Knights Ave
Brandon, Florida 33510

Guest Speaker Chris J. OSG Group Circuit Speaker

Saturday
September 14, 2024
Doors Open at 4:45
Dinner at 6pm

Food, Fellowship, and Fun 50/50 Raffle & Cake walk , Fundraising
Event for Central Office

“A single act of kindness can cause ripples of healing.”
Anonymous

Contact Amy K. For Cakewalk Info. 813-767-6350 Contact Ness.
For

Questions or to volunteer for Service Text to 813-507-6408 , email
Nes.Zapata@gmail.com

Tickets for sale at www.thepromisesanniversarydinner.com



The Promises Anniversary Dinner Cake Walk

Donations Needed!

Cakes, Cookies, Pies, and other yummy treats...
homemade or store bought!

You can drop off desserts at:
New Hope Church
213 N. Knights Ave.
Brandon, FL 33511

- Please deliver on Saturday, September 14th between 2 - 4pm
- We can also meet, and/or schedule pick up!
- THANK YOU FOR YOUR SERVICE

More info contact Amy K: **813-767-6350**



Sober @ 7 Group presents

ALL GROUPS MEETING & 22nd ANNIVERSARY SPEAKER MEETING & DINNER (All Proceeds to benefit Tri-County Central Office)

\$5.00 Donation per person

TUESDAY, OCTOBER 1st, 2024
APOLLO BEACH PARK & RECREATION CENTER
664 Golf and Sea Blvd.
Apollo Beach, FL 33572

POTLUCK DINNER: 6:15 P.M.
SPEAKER MEETING: 6:45 P.M.

Speaker: Frank S.
Riverview, FL

WE ASK YOU TO PLEASE BRING A COVERED DISH (WITH FOOD IN IT) TO THE MEETING
BY 6:00 P.M. SO WE CAN SETUP THE FOOD.

FOR IDEAS ON WHAT TO BRING PLEASE JOIN US
AT ONE OF OUR OPEN DISCUSSION MEETINGS
WHICH MEETS EVERY TUESDAY AT 7:00 P.M.

DISTRICT 2 ANNUAL GRATITUDE DINNER

BENEFITING THE GENERAL SERVICE OFFICE

Plant seeds of gratitude wherever you go!

Speaker – Donna W.

SATURDAY, NOVEMBER 2, 2024

5:00 TO 9:00 PM

New Hope Church

213 N. Knights Ave, Brandon, FL 33510

Tickets are \$20.00. For additional information email: d2gratitudedinner@gmail.com

To purchase tickets, scan the QR Code below or go to: <https://aatampa.org/event/2024-gratitude-dinner/>



