



**Friday**

- 5 pm "Convention Kick-Off Meeting "
- 6-7 pm BBQ BUFFET / WASHERS
- 8 pm AA MAIN SPEAKER  
*Debbie D. Concord, CA*
- 9 pm ICE CREAM SOCIAL
- 10 pm YPAA MAIN SPEAKER  
*Keisha S. St Charles, MO*
- 11 pm ACTIVITY presented by YPAA

**Saturday**

- 8:30 am AL-ANON MEETING
- 10-11:15 am TRADITIONS WORKSHOP  
*-Debbie D and Marilyn S*
- 12 pm AL-ANON LUNCHEON
- 1 pm AL-ANON MAIN SPEAKER  
*Jenny P Valrico, FL*
- 3 pm ALL SPEAKERS PANEL: RULE 62
- 4:30 pm AL-ANON MEETING
- 6:30 pm BANQUET DINNER  
*-Table Trivia*  
*-Sobriety Countdown*
- 8 pm AA MAIN SPEAKER  
*Scott T. Coldbrook, NY*
- 9:30 pm Activities/ DJ / Dancing

**Sunday**

- 9 am BREAKFAST BUFFET
- 10 am AA MAIN SPEAKER  
*- Marilyn S. Los Angeles, CA*

**AL-ANON and YOUNG PEOPLE in AA PARTICIPATION**

**17<sup>th</sup> ANNUAL  
SPRING FLING CONVENTION  
April 25 - 27, 2025  
"RULE 62"**

**Hilton St. Louis Airport**  
10330 Natural Bridge Rd  
St. Louis, MO 63134  
314-426-5500

**FREE  
PARKING!**



*\*Mention Spring Fling code: SPR  
For Special Reduced Room Rate of \$99 + tax*

**TO REGISTER & BOOK YOUR REDUCED ROOM RATE VISIT:**

[www.springflingstl.com](http://www.springflingstl.com)

\*Reserve room early before all rooms are sold out and/or reduced rate ends April 14

**ARCHIVES, HOSPITALITY & MERCHANDISING ROOMS,  
MARATHON MEETINGS and OUR "ZEN DEN"  
ARE OPEN ALL WEEKEND!!**

=====MAIL IN REGISTRATION FORM=====

**Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126**

Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Make checks/money orders payable to Spring Fling Convention -To sit together, please submit together: 10 people per table

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

AA \_\_\_\_\_ Al-Anon \_\_\_\_\_ YPAA \_\_\_\_\_

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Pre-Registration	\$25 _____
Door Registration	\$30 _____
Friday Night BBQ	\$20 _____
Friday Night Ice Cream Social	\$10 _____
Al-Anon Luncheon Saturday	\$30 _____
Banquet Saturday Night	\$50 _____
Steak _____ Chicken _____ Veg _____	
Sunday Breakfast Buffet	\$20 _____
Hospitality / Scholarship Donation	\$ _____
Total Amount to be Paid	\$ _____

Cut-off for mail-in registration is April 15, 2025

Please list any special needs here: \_\_\_\_\_

For more info email: [springflingconvention@yahoo.com](mailto:springflingconvention@yahoo.com) Registration Chair: Liz C. 314-479-3560